



Muse Addiction Treatment Center in Los Angeles Helps Raise Awareness Around Alcohol Abuse for Alcohol Awareness Month

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Los Angeles, CA ? Some 15 million American adults and over 400,000 adolescents currently have an alcohol use disorder (AUD), an addiction that puts them at risk of serious health problems and threatens the safety and security of families and loved ones. Muse Treatment Center is joining the effort to raise awareness of this crisis during the month of April which is Alcohol Awareness Month.

Muse Treatment, a Los Angeles-based treatment center for people with AUD and other substance abuse disorders, has published "Alcohol Addiction in America: Current Stats and Figures", which presents some eye-opening information on the prevalence of alcohol abuse and its effects. Facts revealed in the article include:

About 4.2 million people ages 12-20 reported binge drinking in the past month. About 825,000 people in that age group reported heavy alcohol use in the past month.

Alcohol abuse has been identified as the top risk factor for premature death and disability among people ages 15-49.

People who misuse alcohol are at higher risk of developing liver disease, heart disease, depression, stroke, stomach bleeding, and numerous cancers. They may also have trouble managing non-fatal conditions such as high blood pressure, pain, and sleep disorders.

One response to these and other disturbing facts is the creation of an education campaign to raise awareness and find solutions.

Alcohol Awareness Month is a national public health awareness campaign sponsored every April by the National Council for Alcoholism and Drug Dependence (NCADD). It was established in 1987 to increase awareness and understanding of the causes and treatment of one of our nation's top public health problems . . . (It) allows communities to focus on spreading awareness and reducing the stigma associated with alcohol addiction. Observance of this awareness campaign also highlights the need for education on the dangers of unsafe alcohol consumptions.

NCADD welcomes communities, organizations, and individuals to participate in Alcohol Awareness Month programs and activities. Local, state, and national events can be held to educate people about the treatment and prevention of alcoholism, particularly among our youth, the organization states. Parents can play a very important role in giving kids a better understanding of the impact that alcohol can have on their lives.

NCADD also offers a downloadable workbook and toolkit to help participants create their own awareness initiatives during Alcohol Awareness Month. The goal of this toolkit is to raise alcohol awareness through various initiatives and activities, reduce the stigma associated with alcohol dependence, and share information on available resources in order to reduce barriers to treatment and recovery, the NCADD states.

For anyone struggling with alcohol abuse and addiction, effective help is available. Muse Treatment Center offers personalized comprehensive treatment for alcohol dependence and other substance use disorders. For help or more information, call 800-426-1818.

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For more information about Muse Treatment, contact the company here: Muse Treatment David Rofofsky (800) 426-1818 info@musetreatment.com 1251 Westwood Blvd, Los Angeles, CA 90024

Muse Treatment

Muse Treatment is the #1 addiction treatment center in Los Angeles, California for alcohol, prescription and drug rehab as well as detox.

Website: <https://musetreatment.com/>

Email: info@musetreatment.com

Phone: (800) 426-1818

