

WhiteSands Alcohol and Drug Rehab Publishes Article on Alcoholism in America for Alcohol Awareness Month

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TAMPA, FL - April 05, 2021 -
Tampa, FL - WhiteSands Treatment, a drug and alcohol addiction treatment center offering all levels of care, leverages Aprils?, ?Alcohol Awareness Month? to help educate communities on the dangers of alcohol abuse and alcohol use disorder (AUD).

Alcohol Awareness Month shines a light on the dangers of alcoholism as well as the perils of long-term alcohol abuse, dependency, and addiction. Alcoholism is one of the nation?s most dangerous and prominent health issues, one that plagues countless communities nationwide. Alcohol Awareness Month was instituted in 1987 to increase knowledge about alcohol abuse and to educate the public on not only the dangers of this commonly-abused substance but where to seek help if drinking has become an increasing problem in your life.

Alcohol abuse and addiction often have a negative stigma associated with them, as many people believe that

those who abuse alcohol can simply stop if they have enough drive or willpower. Unfortunately, tackling alcoholism and alcohol use disorder (AUD) is not that simple as addiction is a disease that requires medical treatment, therapy, and counseling to overcome successfully.

The importance of raising awareness of alcohol abuse in the U.S. cannot be understated. The National Survey on Drug Use and Health (NSDUH) discovered that ?alcohol is the third leading cause of preventable death in the United States. About 95,000 Americans die from alcohol-related causes each year? (Source). By creating awareness, educating the public, and promoting positive stories of success, individuals can get past the shame that often accompanies addiction.

Doing one's part to increase awareness can help bring a sense of normalcy to this ongoing issue that affects millions of people across the country. WhiteSands Treatment is committed to raising awareness on alcohol abuse and addiction in Tampa, and beyond, through publishing educational materials that both highlights this growing problem as well as provide resources to those in need. When people who are struggling with alcohol addiction understand the dangers of the path they?re on and know exactly how and where to access help, they are much likelier to seek treatment.

WhiteSands Treatment is rated the number one treatment center for drug and alcohol addiction in the state of Florida. With board-certified psychiatrists, registered nurses, and highly-qualified and certified clinical staff, they were able to earn their ranking as a top-performing facility across the U.S. Their impressive inpatient facility spans over a 10-acre campus and features private rooms, a newly-constructed recreation center and athletic complex, as well as offering a full-range of comprehensive levels of care. For more information call (877) 640-7820 or go to www.whitesandstreatment.com to learn more.

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WhiteSands Alcohol & Drug Rehab Tampa

Tampa's #1 Addiction Treatment Center in Tampa Florida for treating prescription, alcohol and drug addiction. Private rooms, amazing amenities, world-class recovery results.

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