

## Miami Plastic Surgeons Share Updates On Breast Augmentation And Tummy Tuck Procedures

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The Plastic Surgeon Miami, a popular cosmetic surgery clinic based in Miramar, Florida, recently published a new article that sheds light on breast augmentation and tummy tuck surgery. The new article was shared on their Facebook page, where they regularly update their community on different topics related to plastic surgery.

"These are two of our most popular procedures, though we have noticed that most of our patients do not really know what to expect from the procedure or what options they have when approaching this surgery," explains Dr. Ramiro Morales, founder and lead plastic surgeon at The Plastic Surgeon Miami. By detailing how the procedure works and elaborating on what benefits can be gained from it, he hopes to clear all doubts and misconceptions a patient may have. This may, in turn, inspire people to go forth with the surgery that has been on their minds.

Dr. Morales also explains the most common motivations behind getting a breast augmentation and tummy tuck procedure. He says, "As we age, it is common to develop unsightly fat around your midsection that you cannot seem to get rid of. This may be due to weight loss, having a baby or eating the wrong foods. Some

people choose cosmetic surgery as the way to correct this problem, though they have a very poor grasp of the results that they can expect and how long these will last. This is why, through our new article, we hope to guide and shed light on all of the important details that you must know before going forward with this procedure."

A tummy tuck procedure in Miami is meant to sculpt the patient's body and to give their stomach a smooth and tight appearance. During the procedure, extra skin and fat are removed, while sutures tighten connective tissue in the area. Leftover skin is repositioned into a toned physique. The primary purpose of this procedure is to remove extra skin, and in the event the patient also desires to remove stubborn fat, a liposuction procedure must incorporated. More information this available also be on is here: http://theplasticsurgeonmiami.com/.

Complete recovery from the procedure can take approximately six months, depending on its scope and the surgeon's skill. After this, the clinic explains that it is still possible to regain belly fat, and the best way for a patient to maintain their tummy tuck results is to avoid gaining and/or losing weight. Even if liposuction has been performed along with this procedure, it is still possible for new fat cells to generate and to interfere with the treatment?s results.

The Plastic Surgeon Miami adds that tummy tuck surgery can be combined with other cosmetic procedures for the purpose of convenience. Many individuals choose to combine breast augmentation with a tummy tuck, as these procedures rarely affect each other and have similar recovery times. Asides from the convenience, the clinic explains that having different treatments at the same time will provide dramatic results and address different bodily concerns during one surgical appointment. The cost is similar in both cases, though many will find that combined appointments are more favorable.

While tummy tuck procedures are very effective and can deliver a flat midsection that would otherwise require several years' worth of exercise to develop, the clinic explains that this treatment is not beneficial for everyone. Dr. Morales reviews his patient's opportunities and potential risks during his consultations. Any and all concerns will be raised here, following which he and the patient will come to a decision together.

The clinic's website includes more information on The Plastic Surgeon Miami and the cosmetic surgery procedures they offer. Interested parties may also reach out to Dr. Ramiro Morales to follow up on any inquiries. He is widely regarded as one of the best plastic surgeons Miami residents have at their disposal, being one of few in the area who possesses high-level qualifications and experience in the field of surgery? a field that already attracts only a few individuals. Today, he looks forward to sharing the benefit of his extensive education and experience with all who approach his clinic for assistance achieving their ideal self.

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## The Plastic Surgeon Miami

Dr. Ramiro Morales is a renowned plastic surgeon in Miami,FL. He has demonstrated expertise, dedication and excellence throughout his career and has helped many achieve their beauty, aesthetic and body image goals.

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