Revival Is Offering A Range Of Soy Products For Menopause Relief

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Revival, a brand of doctor-formulated soy protein products, is offering a range of items for those suffering from discomforts of menopause, including hot flashes, night sweats, mood swings, weight gain and more. The company?s line of soy products for menopause relief includes protein shakes, protein bars, protein chips, variety packs, single bars and shakes, and others. The products also come in gluten-free, vegan, lactose-free, and bariatric-friendly variants.

Soybeans are rich in many naturally occurring phytonutrients, including isoflavones and saponins. Isoflavones can be found in varying amounts in legumes, such as chickpeas and lentils. However, soybeans contain the highest natural concentration of isoflavones, especially the center of the soybean (called the ?hypocotyl?). Phytonutrients act in combination with soy protein to play a critical role in the health support benefits of consuming soy.

Soy contains three types of isoflavones. They are Daidzein, Genistein, and Glycitein. They all have unique properties and are present in varying amounts in soybeans. Daidzein contributes significantly to the promotion of menopausal comfort. Revival's natural concentration process provides high levels of Daidzein.

Out of the 600 studies published each year about isoflavones, many of them include Genistein. Genistein also plays a major role in lessening menopausal discomforts. Glycitein is also quickly rising in popularity in the medical field as a healthy isoflavone.

In 1996, Dr. Tabor set out to help his mother, who was going through menopause. His research led him to the discovery of studies that showed significantly lower rates of menopausal hot flashes among Asian women compared to American women. Dr. Tabor surmised that the reason for the disparity was the amount of soy intake in their respective diets. Some Asians may consume as much as 6 servings of soy per day, compared to none at all for American women.

His mother heeded Dr. Tabor?s advice and started consuming soy. However, it was not palatable because of its chalky taste and gritty texture. After two years the pair fixed this problem and created the first naturally concentrated Revival Soy blend by perfecting its taste, texture and consistency. This blend contained the same amount of isoflavones present in 6 cups of soy milk. The result was that Dr. Tabor?s mother, Suzanne Tabor, noticed that her menopausal discomforts disappeared in just 4 weeks after she started consuming their custom blend. The pair started selling Revival in 1998 and were awarded a patent in 2002 for their product.

Consuming the recommended amount of soy isoflavones in the form of 6 cups of soy milk will add 24 grams of fat and lots of calories. This can have an adverse effect on those consuming such excessive amounts of soy milk every day. The taste of soybeans is also unappealing to many people, making it a difficult proposition. Dr. Tabor?s patented process isolates the isoflavone-rich portion along with a separate protein-rich portion yielding a final product that is naturally concentrated without the need for chemical concentration.

Experts recommend 160 milligrams of soy isoflavones and 25 grams of soy protein per day to reduce the risk of heart disease and to unlock the rest of its full health benefits. One revival soy bar or one revival soy shake provides 20 grams of soy protein and 160 mg of soy isoflavones. This is equivalent to 6 cups of regular soy milk, 6 servings of tofu a day, or 17 soy burger patties.

Revival also offers a line of soy protein shakes for weight loss that are designed to be smooth, creamy, and chock full of flavor. They can be used to supplement any diet. The shakes are available in flavors such as real cocoa, vanilla, strawberries, and peaches. Low carb versions of the drinks are available. Most of them are offered in 3 sweetener options namely Fructose, Sucralose, and Unsweetened. They are made from certified genetically pure soy (non-GMO) and certified isoflavone levels. They have a clinically proven low glycemic index. They are gluten free, lactose free, kosher, and vegan.

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Revival Products Inc.

Revival Soy is a brand of soy food and supplement products that help with many elements in health and fitness including the menopausal transition.

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