

The Source Addiction Treatment Center in Fort Lauderdale Publishes Article on Alcohol Abuse in Light of Alcohol Awareness Month

April 15, 2021

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Fort Lauderdale, FL - The start of April marks the beginning of Alcohol Awareness Month and The Source Addiction Treatment Center in Fort Lauderdale has published an article highlighting some concerning statistics on the rise of alcohol abuse in America. The addiction experts at The Source continuously work to raise awareness of the disease of addiction and provide helpful information and important resources to help people better understand the emotional and physical pain that alcoholism can cause.

Recent statistics about alcohol addiction are staggering. As recently as 2019, the National Survey on Drug Use and Health produced a study that covered a variety of topics around the increase in alcohol abuse. This study produced a number of alarming findings including the fact that adolescents as young as 12 years old are being diagnosed with alcohol use disorder. The study also uncovered the fact that many people don?t feel comfortable going to an addiction treatment center and instead try unsuccessfully try to manage addiction on their own.

Alcohol Awareness Month takes place every April and was founded in 1987 with the goal of raising awareness and reducing the stigma associated with alcohol addiction. Alcohol Awareness Month is sponsored by the National Council of Alcoholism and Drug Dependence which was founded in 1944 by Marty Mann. Mann, herself, was an alcoholic and therefore had a unique understanding of the struggles that those facing the disease often feel.

The Alcohol Awareness Month campaign is a way to promote better understanding of the disease of alcoholism and what people can do to overcome it. Additionally, Alcohol Awareness Month was created as a way to help remove the stigma of alcohol addiction. For many people, alcoholism is a source of shame something that often inhibits the decision to receive much-needed treatment.

During the month of April, everyone is encouraged to take the time to learn more about the disease of alcoholism and the negative impact that it can have on not only the person that struggles with it but also on friends and family members. Unfortunately, there are many people that still don?t understand that alcoholism is a disease. Instead, they mistakenly believe that addiction is a choice or a moral failing. While it?s true that a person?s first drink may have been a choice, as the disease progresses and ultimately takes over, an alcoholic is no longer in control of their drinking. This is why the very first step in the 12-steps of Alcoholics Anonymous is ?We admitted we were powerless over alcohol?that our lives had become unmanageable?.

If readers would like to take the opportunity to gain a better understanding of the disease of addiction and effective treatments for it, reach out to the addiction specialists at The Source, share resources on social media page, or attend a 12-step meeting. If readers are concerned about a friend or loved one?s drinking, taking these steps will help readers understand the experience of someone struggling with addiction. If readers grappling with addiction, realize it?s time to seek help.

The addiction experts at The Source in Fort Lauderdale FL are here to help the readers of this release and family members. Members of their team are available around the clock to assist the reader in taking the first steps toward overcoming one's addiction. If readers would like to learn more about Alcohol Awareness Month or the treatment programs we offer at The Source, please reach out at (800) 204-0418.

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For more information about The Source Treatment Center, contact the company here:The Source Treatment Center(800) 204-04181730 E Commercial Blvd, Fort Lauderdale, FL 33334

The Source Treatment Center

The Source Treatment Center is the #1 addiction treatment center in Fort Lauderdale, Florida. Specializing in alcohol, rx and drug rehab. We are excited to help everyone who calls or walks through our doors.

Website: https://www.thesourcetreatmentcenter.com/

Phone: (800) 204-0418

