



The IV Lounge Discusses Why Glutathione IV Therapy May Help with Optimal Wellness

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The IV Lounge in Toronto, Ontario, Canada, has explained why glutathione intravenous (IV) therapy may help in promoting optimal wellness in a new blog post. The article explains that glutathione is an important peptide in every cell, particularly the immune cells. It is created in the liver and is composed of three essential amino acids: glycine, cysteine, and glutamate. It is an antioxidant that can protect the cells, help the body detoxify, and maintain optimal immune function for the body. Glutathione has been observed to play a critical role in the body's defense strategy, mitochondrial function, detoxification, and healthy aging.

According to the new blog post, there are five reasons why glutathione supplementation delivered through IV therapy may help promote longevity and anti-aging. The first reason is that it may help in slowing down the aging process, particularly by decreasing oxidative stress. As people age, oxidative stress in the body increases, which may result in medical conditions and degenerative diseases like diabetes, heart disease, memory problems, and arthritis. Glutathione may help in the fight against free radicals, thus reducing oxidative stress.

Dr. Amauri Caversan, ND from The IV Lounge explains, "At The IV Lounge, we are here to educate patients about glutathione and other IV vitamins and minerals, such as vitamin B IV therapy, IV hydration therapy, high dose IV vitamin C, alpha lipoic acid IV, vitamin D booster shots IV therapy, and more. Our doors are open and we're accepting new patients. Please note that we have strict COVID-19 protocols in place. Please don't hesitate to ask us about custom glutathione IV therapy in Toronto or if you want to book an appointment."

Glutathione IV therapy may also help in alleviating or preventing glutathione deficiency. Such a deficiency may have resulted from: excessive consumption of alcohol; chronic stress; exposure to pollution and/or UV radiation; consumption of nicotine through smoking; using certain medications; and poor sleep and diet. Intravenous glutathione may stimulate or encourage the body to combat oxidative stress resulting from the previously mentioned risk factors.

Glutathione may also help in counteracting the effects of aging on the skin, such as skin tone, wrinkles, skin elasticity issues, and skin lightening. In a certain study involving female participants, those who received glutathione supplementation experienced a substantial decrease in wrinkles compared to those who were only given a placebo. Dr. Amauri Caversan, ND also recommends hydration as a way to maintain skin elasticity and that this can also be provided through their IV hydration therapy.

Glutathione IV therapy may also help promote overall wellness because it is delivered directly into the bloodstream, unlike oral supplements that will need to pass through the gastrointestinal system. The problem with oral supplementation is that glutathione can get damaged as it goes through the digestive process. There are actually some gastro-resistant glutathione supplements that have become available but custom IV therapy for glutathione treatment may be the optimal way of delivering it to the bloodstream.

Meanwhile, The IV Lounge can also use IV therapy for delivering vitamins and other nutrients directly into the bloodstream. One example are the vitamin D booster shots, which may be helpful for people who are deficient in this particular vitamin. IV therapy may also be used for delivering other vitamins, such as vitamins B and C, that may help in fighting illness and maintaining health.

Those who are interested in learning more about IV therapy, such as glutathione or vitamin D IV therapy booster shots, can check out the website of The IV Lounge, or contact them through the telephone (647) 549-3484 or via email. They are open from 11:00 am to 7:00 pm on Mondays; from 10:00 am to 5:00 pm on Tuesdays and Thursdays; from 9:00 am to 7:00 pm on Wednesdays; from 9:00 am to 7:00 pm on Fridays; and from 9:00 am to 4:00 pm on Saturdays.

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For more information about The IV Lounge, contact the company here: The IV Lounge Dr. Amauri Caversan,
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The IV Lounge

Relax and de-stress. Jump start on a recovery plan to improve your health. If you need a hand in reaching the road of recovery, we encourage you to live life to the fullest with the help of IV therapy and naturopathic medicine support.

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