Dentist Office: How Regular Examinations Can Preserve Dental Health

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Kennesaw, GA based West Cobb Dentistry is encouraging their community to visit their dentist at least twice a year, as recommended by the vast majority of healthcare professionals. While a regular schedule may seem like an unnecessary hassle, the key concept to grasp is that a timely examination can uncover an issue before it becomes an even larger problem. In turn, this can save a patient a great deal of pain, time and money.

According to a recent blog post shared on the clinic?s website, everyone should make it a point to see their dentist twice a year, no matter how young or healthy they are. This extends to the youngest members of the family (even toddlers who still have their baby teeth) to grandparents who no longer have any teeth (even if they use dentures or other forms of implants).

The clinic states in their post that, ?The health industry strongly suggests exams at very minimum every six months in addition to your twice daily at home dental cleaning routine. Not only are children quite susceptible to cavities, but their baby teeth need our supervision to make sure they are growing in correctly and without any disease or decay. Even though your children eventually lose their baby teeth, that first set are just as important as permanent teeth.? Learn more here: https://www.westcobbdentistry.com/.

This period is also important when instilling the daily habits that good support dental hygiene. As children grow into young adults and then continue to mature, their risk of oral infection increases. As a result, any habits they began in their infancy will carry over into adulthood and provide ongoing protection from this increased risk. For instance, teeth age with the individual, and this means that the hard enamel deteriorates with time, getting thin and weak. In turn, this makes them more prone to cavities. Early in their life, regular visits to the dentist can help a child understand how important it is for them to brush and floss their teeth at home. As an adult, however, an individual may visit the dentist to have their teeth cleaned more thoroughly in addition to getting screened for more serious issues that could affect their dental and overall health in the

future.

According to West Cobb Dentistry, patients may feel more comfortable during their visit if they know what to expect from their examination. Their blog informs the community that, ?During your visit with us at West Cobb Dentistry, we will examine your mouth with various pieces of equipment and specialized dental tools. These will help us perform a thorough cleaning of your teeth and mouth and perform various examinations of your mouth for possible diseases.?

Patient comfort is always a high priority at the clinic, and all are welcome to share their concerns with their dentist during their visit. While modern dentistry has advanced to the point that patients tend to experience very little pain ? if any ? during their procedures, they have nothing to worry about during a routine examination.

Among the most common problems the clinic discovers during an examination are gum disease and tooth decay. As a result, these are often the first issues their dentists will look for, checking the patient?s gums and teeth near the gum lining as well as each individual tooth for signs of weak enamel and so on. Cracks, chips and extensive plaque buildup may also be discovered during this stage. Given that infections are a primary concern, a patient?s existing restorative work is checked as thoroughly as their healthy teeth for any signs of wear and tear that may need to be addressed. This includes fillings, crowns, veneers, implants, bridges, dentures and so on.

No matter the patient?s age or lifestyle, however, staff also make it a point to review their existing habits and use this opportunity to make any suggestions that would improve how well they take care of their dental hygiene at home. A patient?s awareness of their own needs is often one of the best tools they have to protect their dental health, and West Cobb Dentistry is happy to share their expertise in this regard.

Patients are welcome to contact Kellie Guffin of West Cobb Dentistry to follow up on any further inquiries or schedule an appointment. In addition to preventive services, the clinic also performs a variety of restorative and cosmetic procedures that are designed to ensure a brilliant and healthy smile for each of their patients. More information is available on their official website and social media platforms.

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West Cobb Dentistry

At West Cobb Dentistry, we value our patient relationships, making it our priority to deliver gentle compassionate care that you deserve from a dentist in Kennesaw, GA.

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