Revival Produces Soy Products For Menopause Relief

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NC based Revival Products Inc. is pleased to offer customers their soy products for menopause relief. By upholding a ?less is more? approach, the company has successfully created concentrated soy products that nonetheless offer many health and comfort benefits. These products have also been carefully researched to deliver the best results possible.

Revival Soy is widely sought for its ability to reduce the unwanted side effects of menopause. It is known for making hot flashes and night sweats less cumbersome to deal with, for instance, and this is particularly notable for the fact that it achieves this result through natural means. Furthermore, Revival Soy?s concentrated solution ensures that these benefits can be enjoyed with only a single serving per day, in turn reducing the amount of soy an individual would have to ingest by other means in order to experience the same effect.

According to the company, researchers initially took an interest in soy once they noticed that relatively few women in Asia experienced hot flashes during the same period of life that the vast majority of Western women experienced menopausal discomfort. In both cases, menopause occurred at roughly the same time, so scientists turned to each demographic?s respective diets for the answer. Since many Asian diets are rich in soy, this led them to consider its role in reducing discomfort associated with menopause. Today, many

doctors and healthcare providers now recommend soy as part of a healthy mid-life nutrition strategy, especially given that it may reduce the risk of heart disease when included in a regular healthy diet.

The company is quick to point out that menopause is a natural part of aging and should not be treated as a disease. As an individual ages, their hormonal balance changes, and this leads to a reduction in estrogen production in women (that in turn leads to changes in their periods). Hormone Replacement Therapy (HRT) and prescription medication may be utilized in certain cases to alleviate any discomfort or other unwanted effects. Regular soy consumption can also help, however, and the company urges their community to consider adding more soy to their diet during this stage of their lives. While soy is not a replacement for medical intervention, there is a lot of research that shows it helps people to be happier and healthier when their body is undergoing menopause. Nothing can eliminate the side effects of aging but there is no reason for people to endure more discomfort and stress than necessary.

Revival?s research has additionally allowed them to eliminate much of the fat that would be found in other sources of soy. Soy milk is known for being rich in soy isoflavones (which are responsible for the positive effects), but a person would still need to ingest up to six servings of soy milk every day to maximize their benefits. This method also means a relatively large amount of fat is ingested, which many will want to avoid if possible. The good news is that it is indeed possible to avoid many of these drawbacks while taking full advantage of soy?s strengths ? Revival?s products deliver a similar amount of soy in a single serving while striving to eliminate nearly all the fat. Customers are often pleased to discover that the company?s products, such as their protein shake or bar, also reduce the soy taste (which some find too unpleasant to bear).

Revival has also explored the role of soy protein for weight loss, finding that it allows people to maintain their intake of essential nutrients while cutting down on calories. This means that they can optimize their health while losing weight, a balance that many diets find notoriously difficult to achieve. As the company states, ?it is apparent that a well-balanced diet plan that includes adequate amounts of exercise is a simple, delicious and powerful way to lose weight. Our soy protein gives you the energy from protein.?

Customers eager to discover how the company?s soy products can improve their lives and overall health are welcome to contact Suzanne Tabor of Revival Products Inc. for further details. Additional information is also available on the company?s website and social media platforms.

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Revival Products Inc.

Revival Soy is a brand of soy food and supplement products that help with many elements in health and fitness including the menopausal transition.

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