

The Source Addiction Treatment Center in Fort Lauderdale Publishes Article on Mental Health and Addiction for Mental Health Awareness Month

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Fort Lauderdale, FL - In an effort to provide ongoing education to clients and the public, The Source Addiction Treatment Center regularly publishes informative articles on their website. They strive to be a source of reliable up-to-date information on topics related to substance abuse and behavioral health.

In light of Mental Health Awareness Month, The Source recently published, ?The Connection Between Mental Health and Addiction,? to help people understand how these conditions influence one another. During Mental Health Awareness Month, individuals and organizations work together to provide much-needed education to the public and help end the stigma that?s often associated with mental health disorders and addiction.

The article posted by The Source serves as a reminder to those struggling with mental health or substance use that they are not alone. In fact, roughly 17.5 million Americans struggle with both addiction and mental

illness. The need for policies and resources to support addicts and their families is greater than ever. The Source continually advocates for those they serve and works with the community to increase access to quality care.

The National Alliance on Mental Illnesses is promoting this year?s Mental Health Awareness Month theme, ?You Are Not Alone? to further reinforce the idea that there are resources and support available for those who need them. In fact, people can share their stories and read the stories of others by using the hashtag #notalone on Facebook, Instagram, or Twitter.

In honor of this year?s awareness month, NAMI is also holding nationwide virtual walks providing an opportunity for participants to show support in their community. To find a list of NAMIWalks locations, visit https://www.nami.org/Get-Involved/Find-a-NAMIWalk. Advocating for better treatment, resources, and a sense of community for those with mental health disorders and addiction are foundational tenets of both The Source and NAMI.

The Source Treatment Center is a nationally accredited drug and alcohol rehabilitation center that takes a holistic approach to addiction treatment. Their treatment philosophy addresses the impacts of trauma and mental health conditions which are frequently driving forces behind substance abuse and addiction. The Source provides a range of supportive therapies, resources, and, most importantly, compassion, to allow for reflection and healing to begin.

For more information about how The Source is impacting change in their community, please visit www.thesourcetreatmentcenter.com. Or speak with a treatment specialist by calling (800) 204-0418. Their confidential hotline is available 24/7.

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For more information about The Source Treatment Center, contact the company here:The Source Treatment Center(800) 204-04181730 E Commercial Blvd, Fort Lauderdale, FL 33334

The Source Treatment Center

The Source Treatment Center is the #1 addiction treatment center in Fort Lauderdale, Florida. Specializing in alcohol, rx and drug rehab. We are excited to help everyone who calls or walks through our doors.

Website: https://www.thesourcetreatmentcenter.com/

Phone: (800) 204-0418

