

WhiteSands Alcohol and Drug Rehab Helps Palm Harbor Woman Find Sobriety and Solace

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TAMPA, FL - May 24, 2021 -
Palm Harbor, FL - Jennifer, a resident of Palm Harbor, FL sought help from WhiteSands Alcohol and Drug Rehab in hopes that she would be able to overcome her addiction. What she gained from WhiteSands was much more than just sobriety. In a recent five-star Google review, she credits WhiteSands as being ?a top-notch facility filled with kind, knowledgeable professionals who genuinely care about helping patients find lasting sobriety and a happier, healthier life.?

WhiteSands Alcohol and Drug Rehab focus directly on the root of patients? addictions, working to rehabilitate people and provide them with the necessary resources for a happier, healthier post-treatment life.

WhiteSands' ?Whole-Patient? Approach is essential to the success of their patients. Many addiction treatment centers offer generalized care to all patients where everyone receives the same type of treatment despite their unique personal needs. WhiteSands focuses on the recovery of each patient as an individual. Each patient receives personalized care from highly trained staff members who provide the resources and

tools required for long-term recovery.

The ?whole-patient? approach includes exploring family history to establish predispositions to addiction or mental health disorders. WhiteSands? clinical team also assesses whether co-occurring disorders are present through in-depth patient analysis. They will help to determine whether the patient has adequate outside support systems. And they consider each patient?s unique personal beliefs.

An integral part of WhiteSands? approach is identifying the underlying causes of addiction and whether there are co-occurring mental health disorders present. This approach can help identify what may have led the patient to their addictive behavior in the first place. From this information, WhiteSands staff can create a specialized treatment program for each patient.

In her review, Jennifer states that WhiteSands ?address(es) the issues that contribute to substance use, as well as classes that teach skills to help people stay sober, no matter their substance of choice coming in.?

Unique, Personalized Treatment is key to WhiteSands' success. WhiteSands has helped many patients obtain sobriety through their comprehensive, personalized treatment. WhiteSands seeks to find the root cause of the addiction to better formulate a treatment program suited for the patient.

?The sense of community fostered at White Sands is just as important as other aspects of treatment: patients learn that meaningful connections are the real antidote to addiction,? says Jennifer.

The medical professionals on-site at WhiteSands are not only there to provide treatment, but also to serve as mentors and role models who provide support and care throughout the recovery journey. Following discharge, WhiteSands staff continue to support patients showing them that sobriety is a lifelong journey, and that there is always help and support available.

For anyone struggling with addiction or substance abuse, WhiteSands is available to help. To learn more, call (877) 762-9364

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For more information about WhiteSands Alcohol & Drug Rehab Tampa, contact the company here:WhiteSands Alcohol & Drug Rehab TampaRyan

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WhiteSands Alcohol & Drug Rehab Tampa

Tampa's #1 Addiction Treatment Center in Tampa Florida for treating prescription, alcohol and drug addiction. Private rooms, amazing amenities, world-class recovery results.

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