Homes May Be Making People Sick Without Them Even Knowing About It

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A recent speech delivered by Esona Group?s president and founder Mr. A.H. Kuan revealed some very troubling information. Kuan spoke of toxic indoor air conditions that can be very harmful to one?s health during the IGEM 2015 (International Greentech & Eco Products Exhibition) held at the Kuala Lumpur Convention Centre, Malaysia.

According to Kuan, people tend to think of pollution as automobile emissions and fossil fuel or chemical plants polluting the world?s cities in today?s age. Most people do not consider their own homes as a source of pollution, but the truth is the indoor air in a home has been proven to be up to 10 times more toxic than the air outside based on statistics released by the World Health Organization (WHO). In a separate study conducted in Japan, it is estimated that up to 30% of homes and buildings worldwide suffer from what is known as Sick House Syndrome, a condition that is caused by a buildup of pollutants or toxins in a home, with other sources stating that many homes globally suffer from the same issue. A person?s home could very well be suffering from Sick House Syndrome (SHS) without him even being aware of it.

Kuan mentioned about devastating toxins that can be introduced into a home's environment in many ways. These include inadequate ventilation, chemical contaminants from cleaners and deodorizers, biological contaminants, bacterial buildup, and pesticides among many others. When a home is suffering from SHS, one may notice it having a direct effect on his personal health. Experts say that some of the warning signs to look for are mucous membrane irritation (eye, nose, and throat irritation), neurotoxic effects (headaches, fatigue, and irritability), asthma and asthma-like symptoms (chest tightness and wheezing), skin dryness and irritation, gastrointestinal discomfort and more.

With this posing a possible risk to individuals and their family?s health, Kuan highlighted measures that should be taken to combat the conditions that may cause SHS and to build a non-toxic home. People should make sure that there are no hazards in their home like mold or bacteria. The next step is to make sure their air handling system is clean and functioning well. Air filters may need to have more frequent replacement. Their HVAC system may need to have the ventilation rates increased. It may also be important to institute a

no smoking restriction inside one?s home. People should be aware of the type of chemicals they are using to clean and refresh their home, using on their body, and may even be in the make-up they use. When individuals purchase these types of products, they should make sure that they are low carbon, non-toxic, and low emission, such as Esona?s award winning lines of home care, personal care, and beauty products.

About Esona Group

Esona Group was created by Mr. A.H. Kuan with the vision to create a safer way to keep living environments germ and dirt free without sacrificing quality. The president and founder of ESONA Group introduced a series of truly natural, safe and green living cleaning products, with the spirit of harmonious coexistence and happy living concept and through advanced biochemical technology. Since the formation in 1981, ESONA group established offices in U.S. and China and set up Asia Pacific headquarter and manufacturing plant in Malaysia. For more information about Esona Group or their line of products please visit http://esonaonline.com/.

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