

Avasia Launches New Liquid Prenatal Vitamin For Healthy Pregnancy

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Health and beauty company, Avasia, has recently launched their latest prenatal vitamin for women, in the form of a liquid. The product has been found to be easier for digestion in the liquid state, especially because so many pregnant women suffer from nausea while taking important supplements during pregnancy.

The prenatal vitamin has been designed to include important components of a healthy pregnancy, such as 800 mcg of folate, which is the natural form of folic acid, and which has been found to be a crucial factor in the development of the baby's neural tubes. This helps to prevent neural tube defects (NTDs), which have been observed to cause health issues, such as spina bifida and other early developmental defects of the brain and spinal cord.

The supplement also aims to provide mothers with more nutrition during pregnancy, with the addition of other essential vitamins and minerals, such as D3, B12, A, and zinc. These may not be achievable through regular eating and drinking due to morning sickness or food aversions. The company has said the following regarding the level of nutrition that the vitamins bring to their clients: "Even with a healthy diet, you may miss out on key nutrients. Even after your baby is born, particularly if you are nursing, you need to ensure that you have all

the nutrients you need. At Avasia we use the very best ingredients to produce high quality prenatals, which

are strong, pure and consistent."

Avasia has sourced this vitamin from organic ingredients, which were derived from whole food mineral

blends. They have reported that this choice was made in the hopes to provide women with a more natural

form of prenatal vitamin before and throughout their pregnancy.

The liquid vitamin, along with other products, can be viewed on their website at

http://www.avasia.com/products. They also offer an external sales page, with more information on the

vitamins, and a variety of customer reviews from women who have already tried the product. They also offer

a solid tablet form, which features the same nutritional elements, but may not be as easily digestible as the

liquid supplement.

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Avasia

Avasia provides supplements and vitamins for women throughout life, with a particular emphasis on prenatal

supplements for women who are hoping to conceive or are already pregnant or breastfeeding

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