



Massage Clinic Near Tacoma Focuses On Client Health & Wellness

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WA based Unlocking The Body Massage Therapy is pleased to announce that they are providing massage services in Puyallup and the surrounding areas. As a massage clinic near Tacoma, the team aims to help their clients get healthier and stronger.

Unlocking The Body Massage Therapy offers a wide range of massage therapy services that all seek to improve client health. These services are provided by experienced practitioners who have received strict training and education. This is to ensure that the massage therapies they provide are from the most skilled hands possible. The clinic also states that their practitioners continue to keep up with the latest advancements in massage therapy to deal with all sorts of muscular issues. In addition, each practitioner at Unlocking The Body Massage Therapy has a specific area of specialty at which they are most skilled in. This allows Unlocking The Body Massage Therapy to delegate their clients to therapists who are best suited to resolving their particular issues.

One of the professional massage services that Unlocking The Body Massage Therapy offers is craniosacral therapy. Craniosacral therapy is a form of massage therapy that was first developed in 1970 by Osteopathic

physician John E. Upledger. He observed, and later scientifically confirmed, a certain rhythmic movement that would be identified as cranial bone motion. In order to prove the need for this therapy, he led a team of anatomists, physiologists, biophysicists and bioengineers to test and research his theory. Through this research, his hypothesis on cranial bone motion was confirmed and refined. Over the years, cranial bone motion was further studied and developed. This continuous development eventually led to the creation of craniosacral therapy, which is incredibly useful in dealing with the stress and strain that people's bodies endure throughout their lives.

They can also cause distortion and tension that can hinder the healthy operation of the central nervous system ? and possibly other body systems. A practitioner skilled with craniosacral therapy can detect and correct these issues with the use of simple methods of touch. They can gently search various parts of the body to look for these distortions and then use soft-touch techniques to release any restrictions they discover. Other massage services that Unlocking The Body Massage Therapy offers include isolated stretching, fascial stretch therapy, medical massage therapy, thai yoga massage and so on.

Unlocking The Body Massage Therapy prides itself in taking a community-first approach, which is why each recommendation they make is in service to a client's well being. They offer their top-notch services at affordable rates for this reason too, seeking to make their expertise as accessible as possible. Unlocking The Body Massage Therapy is similarly ready to share their expertise working with associated insurance providers to ensure massage therapy sessions (and more) are always within reach. This approach has earned them positive reviews on multiple platforms.

Dean Bonnell says in a 5-Star Google review, "I have been frequenting Unlocking The Body for a couple of years and have had approximately 80 massages by nine massage therapists here. I can't articulate strongly enough how professional and incredible these therapists are and how well run this place is. Collette, Stephanie and Lena in particular provide the combination of deep tissue massage without creating tension that I prefer. I have even learned to enjoy ashiatsu, where the therapist supports their weight while using their feet to provide deep tissue massage ? particularly effective on tight or cramped leg muscles.?"

Dana Brooks says in another 5-star review, "I love this place and these ladies! Each and everyone of them is amazing, and their skills are beyond belief. I have been pain free since I have been going to Unlocking The Body Massage Therapy! I love Malerie in the office and have had wonderful experiences with both Kerri and Nancy! Jen is an amazing business owner working to meet patient needs. Unlocking The Body Massage Therapy accepts my insurance, which not only makes the services affordable, but also accessible. I will continue to recommend them to friends and family!?"

Those looking for the best massage therapists in Puyallup are welcome to contact Unlocking The Body Massage Therapy to schedule a consultation or session. They may also learn more about the massage clinic by visiting the official Unlocking The Body Massage Therapy website.

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For more information about Unlocking The Body Massage Therapy, contact the company here:Unlocking The Body Massage TherapyJennifer Bull(253) 970-8256info@unlockingthebody.com8112 112th St Ct E, Puyallup, WA 98373

Unlocking The Body Massage Therapy

Established in 2008, Unlocking The Body is a Massage Therapy Clinic in Puyallup. We accept Health Insurance, Car Accidents, Work Related Injuries, as well as Private Pay for general wellness or stress relief in our day spa.

Website: <https://www.unlockingthebody.com/>

Email: info@unlockingthebody.com

Phone: (253) 970-8256



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