



## **Naturopath Doctor In Toronto Dr. Amauri Caversan ND Discusses His Natural Solutions For Helping Those With Parasite Infections**

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Dr. Amauri Caversan, ND is a naturopathic medicine practitioner in Toronto. He has published a new article on his website that discusses methods for diagnostic testing and the integrative care solutions that are used for helping those with parasite infections.

If a patient complains of food poisoning, flu, or lingering fatigue like symptoms, and their health keeps deteriorating, they might be suffering from a parasitic infection. Endoparasitic infections such as protozoa or helminth infections can be diagnosed by several types of diagnostic tests. A naturopath is most likely to recommend comprehensive diagnostic testing followed by a naturopathic integrative and functional medicine approach to help diagnose and alleviate the patient's symptoms.

Toronto naturopathic medicine practitioner Dr. Amauri Caversan, ND uses a variety of tests such as the GI 360, GI Effects, and stool ova/parasite tests to arrive at a diagnosis. The GI360 Profile is a wide-ranging

clinical stool profile that uses polymerase chain reaction (PCR) testing, MALDI-TOF culture, and ID, and microscopy to identify pathogens, viruses, parasites, and bacteria that may be causing gastrointestinal indicators and disease. The GI Effects Comprehensive Stool Profile uses progressive technologies and biomarkers (PCR Culture, MALDI-TOF MS + ID, and microscopic ova and parasite (O&P) detection) to provide health practitioners with awareness into a patient's digestive function, parasites, intestinal inflammation, and the intestinal microbiome. The Ova and parasite tests involve examining stool samples to microscopically check for single-celled parasites, along with helminths (worms), such as hookworms, tapeworms, and flukes.

The natural solutions they might utilize at, the Dr. Amauri Wellness Centre, for helping with parasite infections may include the consumption of oregano oil. Oregano is a herb closely related to mint and thyme that is used as a spice and a preservative. It may also be used as a nutraceutical for some symptoms. According to a small study of 14 people with intestinal parasites demonstrated that taking oregano oil for six weeks reduced or eliminated *Blastocystis Hominis* infections in all 11 volunteers who tested positive and the parasites' symptoms were reduced in seven of those 11 people.

Another natural remedy that the article mentions is berberine. It is found in herbs including the European barberry and goldenseal. It has been shown in preliminary studies to ward off intestinal parasites. The website references a report in the Iranian Journal of Parasitology that showed that extracted berberine displayed activity that may contribute to protecting against tapeworm infections.

The third compound discussed is wormwood. Wormwood has been shown to act as a replacement for synthetics when dealing with parasite-related diseases. The journal, *Antibiotics*, states that the bioactive ingredients obtained from wormwood have been shown to display actions against helminths.

When asked about the clinic's approach to helping those who might be suffering from parasitic infections, Dr. Amauri Caversan, ND says, "If you think your health concern has been triggered by parasites, and you are seeking a natural solution to diagnose and treat parasite infections. We're here to help you reach your health goals and attain a positive lifestyle.

Our integrative care solutions may help those whose lives have been upended by the pain and discomfort caused by parasites. Contact our clinic today to find out what we can do for you."

Dr. Amauri Caversan, ND applies a combination of Acupuncture, Integrative Functional Medicine, Naturopathic Medicine, Detoxification, and Bio-Identical Hormone Treatments to help manage his patients' health. The naturopathic integrative and functional medicine approach programs offered at the Dr. Amauri Wellness Centre may also help those dealing with other health concerns such as digestive issues, chronic fatigue, hair loss, and hair thinning, pain management/chronic pain, autoimmune conditions, chronic disease

prevention, and other underlying health conditions..

## Special Considerations

Pregnancy and breast-feeding: herbs are likely unsafe when taken by mouth during pregnancy/breast-feeding. Certain plants may cause allergic reactions. Be sure to check with one's healthcare provider before taking any herbal treatment.

Readers looking for a Naturopath in Toronto can reach Dr. Amauri Caversan, ND's clinic at the phone number (416) 922-4114 or via email using their website contact page.

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For more information about Dr. Amauri Wellness Centre, contact the company here: Dr. Amauri Wellness Centre  
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## **Dr. Amauri Wellness Centre**

*Dr. Amauri Wellness Centre is consist of wellness practitioners that are committed to helping you achieve optimum health, well-being, and over-all quality of life. Our team is lead by a Naturopathic Practitioner in Toronto, Dr. Amauri Caversan, ND.*

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