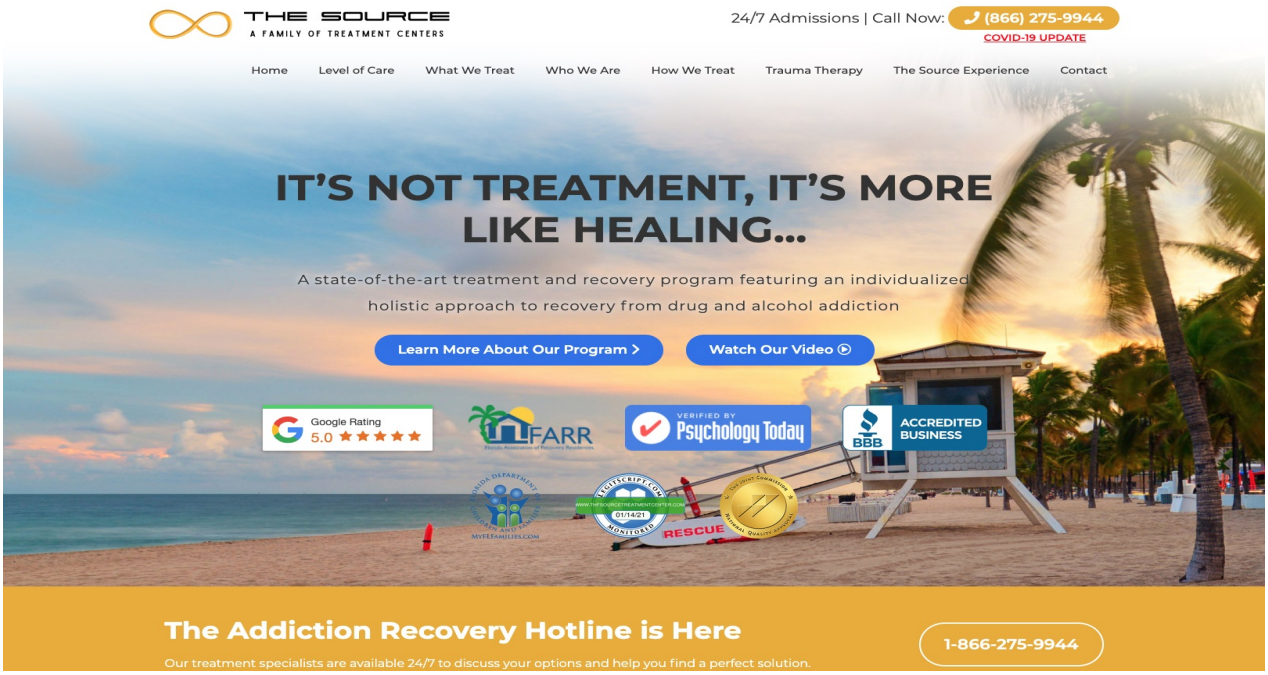


The Source Addiction Treatment Center Provides a Range of Trauma Therapies to Help Veterans Overcome PTSD and Addiction

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Fort Lauderdale, FL - The Source Addiction Treatment Center in Fort Lauderdale regularly publishes insightful articles to help raise awareness of the disease of addiction and help people in need find effective treatment. In honor of PTSD Awareness Month, they recently published, ?3 Trauma Therapies to Help Veterans Heal the Roots of Addiction? in an effort to raise awareness and help destigmatize addiction and mental health needs of our nation?s servicemen and women.

In 2010, Congress named June PTSD Awareness Month, and June 27th PTSD Awareness Day so that education on this complex condition can occur and people can be connected with the treatment they need. Post-Traumatic Stress Disorder, or PTSD, is a psychiatric condition that occurs after someone has witnessed or lived through a traumatic event. PTSD can happen to anyone, not just combat veterans, and the effects of the traumatic experience can occur months or years after the event.

While each person?s experience will be different, the most common symptoms of PTSD are nightmares, difficulty sleeping, flashbacks, difficulty recalling details regarding the trauma, mood swings, intense and

intrusive thoughts, and loss of interest in things they once enjoyed. Symptoms of PTSD are undoubtedly difficult and painful to live with and can often drive people to start using drugs or alcohol as a way to self-medicate.

According to The US Department of Veterans Affairs (VA), more than 2 in 10 Veterans with PTSD also meet the criteria for substance use disorder. And almost 1 in 3 veterans seeking treatment for substance abuse also has PTSD. Because of this, the VA and the Department of Health and Human Services have collaborated to ensure there is adequate and effective care available for those who suffer from the dual diagnosis of PTSD and substance use disorder.

The VA offers several ways for veterans and civilians to get involved and help raise awareness of PTSD and PTSD treatment. Their website is full of personal stories and helpful resources and they are holding a virtual walk to encourage people to be active in their quest to raise awareness in their communities. Their website includes a calendar with ?30 ways to raise awareness? which includes easy suggestions for those looking to get involved.

The Source is an Addiction Treatment Center in Fort Lauderdale, FL which focuses on providing trauma-informed care. The team at The Source understands that trauma and mental health conditions are typically the driving forces behind addiction. They know from their own experiences- most of the staff are in recovery themselves- that in order to truly heal, past traumas and their impacts must be explored and resolved. To treat dual diagnoses of addiction and PTSD, or any other mental health condition, The Source utilizes specialized trauma therapies to target and treat the root causes of addiction. In addition to traditional therapies, The Source provides Eye Movement Desensitization and Reprocessing (EMDR), Rapid Resolution Therapy (RRT), and Traumatic Incident Reduction (TIR), all of which have been shown to quickly and effectively decrease the impacts of trauma in a person?s life.

For more information about PTSD and addiction treatment at The Source, call (800) 204-0418 anytime 24/7 or visit The Source online at www.thesourcetreatmentcenter.com.

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For more information about The Source Treatment Center, contact the company here:The Source Treatment Center(800) 204-04181730 E Commercial Blvd, Fort Lauderdale, FL 33334

The Source Treatment Center

The Source Treatment Center is the #1 addiction treatment center in Fort Lauderdale, Florida. Specializing in alcohol, rx and drug rehab. We are excited to help everyone who calls or walks through our doors.

Website: https://www.thesourcetreatmentcenter.com/

Phone: (800) 204-0418

