



Former Fort Myers Patient Thanks WhiteSands Alcohol and Drug Rehab for Treating Him Like Family and Encouraging His Recovery

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Fort Myers, FL- After attending a number of other addiction treatment centers, Mike, a resident of Fort Myers, discovered WhiteSands Alcohol and Drug Rehab. As addiction began taking over every aspect of his life, Mike knew it was time to get help. After multiple unsuccessful attempts, he finally felt at home at WhiteSands. In a recent 5-Star Google Review, he said, "You feel like family, don't hesitate to make the call. This is coming from someone with multiple rehabs in the past."

Upon arriving at the facility, Mike knew he had made the right decision by calling WhiteSands. The biggest difference he noted between WhiteSands and other addiction treatment facilities was the fact that WhiteSands used a whole-person approach rather than the standard one-size-fits-all. "This is more than a rehab, intense therapy sessions, very comfortable detox, there is no rehab in the country like this one," Mike said.

The issue with one-size-fits-all programs is that patients with substance addictions are not all the same. Some addictions stem from unresolved trauma or mental health conditions, others result from recreational use, and some develop from taking medications that were prescribed by a doctor. WhiteSands creates individualized treatment programs for each of their clients after doing an in-depth analysis to discover underlying causes and potential co-occurring disorders. Doing so ensures patients receive treatment that gets to the root of their addiction, to ensure proper treatment and prevent future relapse.

In order to aid in the recovery process, it's important that patients feel welcome and comfortable in the WhiteSands facilities. Some important aspects of the center include 24-hour on-site care, plenty of one on one therapy sessions, board-certified addiction specialists, private rooms and bathrooms, a wide range of group therapy types, customized treatment programs, dual diagnosis treatment, and strong alumni support following program completion.

Throughout addiction treatment and afterward, it's important for patients to stay busy during their free time. WhiteSands offers an impressive range of amenities and activities for patients to participate in after they complete their daily therapy and counseling sessions. Some amenities include basketball and volleyball courts, walking trails, a full-sized gym, and athletic center, on-site personal trainer, yoga room, and so much more. In his review, Mike said, "You have your phones every day to contact loved ones and friends. The campus, weight room, yoga, and meditation room are excellent".

For anyone struggling with the impact of addiction, WhiteSands is available 24/7 to answer questions and provide guidance. To speak with a representative call (239-237-5473) or visit www.whitesandtreatment.com.

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For more information about WhiteSands Alcohol & Drug Rehab Fort Myers, contact the company here: WhiteSands Alcohol & Drug Rehab Fort Myers Ryan Monesson (239) 237-5473 rmonesson@wstreatment.com 1820 Colonial Blvd, Fort Myers, FL 33907 (239) 237-5473

WhiteSands Alcohol & Drug Rehab Fort Myers

Fort Myer's #1 destination for detox & rehab treatment from prescription, alcohol, and drug addiction. Come experience the WhiteSands difference. Private rooms, amazing amenities, and world-class recovery results.

Website: <https://whitesandtreatment.com/locations/florida/fort-myers-drug-treatment-center/>

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