

Reading Chiropractor Joins Chiropractor Near Me Directory

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Chiropractor Near Me, a directory of UK chiropractic centres, is extremely pleased to announce that the Reading chiropractor clinic, Reflex Spinal Health, has been included in the directory. Reflex Spinal Health has been providing chiropractic services in Caversham, Reading for more than 16 years. It has a team made up of chiropractors, massage therapists, and osteopaths. The directory offers one of the easy ways of how to find a dependable chiropractor, and they are pleased to report that the Reading chiropractor joins Chiropractor Near Me.

Reflex Spinal Health offers various kinds of services. These include chiropractic services; osteopathy; foot orthotics; k-laser therapy; massage therapy; pregnancy, babies and children; and chiropractic BrainTap treatments.

Their chiropractors and osteopaths offer pain relief for various kinds of musculoskeletal conditions. The typical presenting symptoms include neck pain, sciatica, back pain, and headaches (including migraines).

For many people they are the first choice sports injury clinic in Reading. At Reflex Spinal Health they also provide cutting edge K-Laser Therapy for a broad range of conditions. Pain management, correction and returning the patient to their optimal function are their goals. They are striving to become people's first choice when searching for chiropractor and osteopath services in Reading. They have won the award for best health and well-being provider in the entire Thames Valley area.

Andrew Green, Clinic Director at Reflex Spinal Health, says, "At Reflex Spinal Health we are very excited to have joined the other great clinics on the Chiropractor Near Me website directory. We are often asked how to find a reputable chiropractor, by patients of ours who have friends or family elsewhere in the country and are looking for a great chiropractic clinic that is local to them. We have cared for thousands of people within our community over the last 16 years. We are based in Caversham, Reading and draw our patient base from the

counties of Berkshire and South Oxfordshire.?

The chiropractors at Reflex Spinal Health can provide care for all ages, from newborn babies to the elderly, and for a broad range of problems, from the common lower back pain to the sports injuries in professional athletes.

The Chiropractor Near Me directory offers one of the easy ways of how to find a reputable chiropractor. Chiropractor Near Me is made up of a group of chiropractors who can offer expert chiropractic care for spinal health and lifestyle advice for UK residents. Many of the chiropractic centres included in the directory can provide multi-disciplinary services, including massage therapy, osteopathy, foot orthotics, and more. This directory also has a blog and videos page that offers a lot of practical information and updates regarding chiropractors and chiropractic services.

Reflex Spinal Health can also provide osteopathic care. Osteopathy is a kind of manual therapy that has the goal of treating the cause rather than concealing the symptoms. Osteopaths apply various kinds of techniques, such as: functional techniques; strain/ counterstrain; osteoarticular adjustments; myofascial release; gentle joint mobilisation; and muscle energy technique.

They can also provide cranial osteopathy techniques. The cranial osteopath will work on the ligaments that secure the brain inside the skull through small and gentle cranial holds at certain points on the skull. Cranial osteopathy is commonly used for babies after childbirth but it can also be applied for any patient who wants to relieve the tension and stress in the head and in other parts of the body.

Meanwhile, foot orthotics are devices that are worn in the patient's shoes to offer correction and assistance to the feet. These devices can help prevent foot pain, hip pain, back pain, or knee pain. Prescription foot orthotics can be used to prevent pain by helping in the realignment and stabilisation of the bones in the feet.

They also offer k-laser therapy, which uses a laser that can penetrate tissue and activate healing at the cellular level. K-laser therapy may be provided as a standalone therapy or in combination with osteopathy, chiropractic, or massage therapy.

Those who are interested in learning more about the services offered by the chiropractors in Reading Berkshire can check out the Reflex Spinal Health website or contact them on the phone or through email.

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For more information about Chiropractor Near Me, contact the company here: Chiropractor Near Me Andrew Green 07896070763 info@chiropractornearmenow.co.uk 38 Halls Cottages Wood Lane Kidmore End RG4 9BD

Chiropractor Near Me

At Chiropractor Near me we are a group of passionate chiropractors, offering expert chiropractic spinal health care and lifestyle advice throughout the UK.

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