



Chiropractic Clinic in Phoenix Offers Rapid Pain Relief

July 21, 2021

Tempe, Arizona - July 21, 2021 - PRESSADVANTAGE -

Unity Spine & Joint, a chiropractic clinic based in Tempe, AZ, is pleased to announce that their various offices, including the chiropractic clinic in Phoenix, can provide rapid pain relief. The chiropractors use a kind of alternative therapy, which uses natural and non-invasive methods, that is focused on the diagnosis and treatment of the spinal and musculoskeletal system. Basically, chiropractors may treat patients by aligning their spine through the use of gentle adjustments with their hands.

These chiropractic clinics are also known as reputable pain stop clinics throughout the Phoenix Valley. Patients undergo a physical exam and their medical history is reviewed. The chiropractor will also carefully examine bone density and then apply gentle treatments with the hands to provide pain relief. This non-invasive therapeutic method allows the joint to move normally and minimize inflammation and pain. They may also provide a kind of high-velocity adjustment where the chiropractor applies a quick thrust to the head, producing a cracking sound.

Knowing that medication only masks the symptoms, chiropractors focus on the use of a drug-free and holistic system in which they strive to help patients maintain a healthy body rather than focus on treating the symptoms of the pain. Every method that they use is painless and free from side effects. While some patients may feel some mild soreness after a treatment, this will typically subside in just one hour or two.

Today, chiropractic care is no longer just for back pain or neck pain. The chiropractors at the pain clinic in Phoenix also provide therapies for various health conditions, such as chronic migraines, ear infections, fertility issues, premenstrual syndrome (PMS), and car injuries.

One of the most beneficial aspects of undergoing chiropractic care in a pain relief clinic is how it can be used to help patients who have suffered injuries from a vehicle crash, such as whiplash. In this situation, the experienced practitioners who are knowledgeable and experienced in providing pain relief to the patient suffering from whiplash symptoms. Meanwhile, pregnant women can also benefit substantially from these alternative treatments to ease their labor pain and minimize discomfort in their hips and joints.

It is important to note that if the spinal cord is misaligned, people tend to suffer from pinched nerves, muscle stiffness, and many other issues. By attending chiropractic therapy sessions regularly, such problems can be prevented from reoccurring. In addition, chiropractic therapy may help maintain people's health and well-being.

Chiropractic treatment has been observed to reduce stress and discomfort, which will then enhance people's mood. Furthermore, by really comprehending the root cause of a particular condition rather than just treating the pain, the chiropractor can apply several useful methods for treating anxiety and other symptoms that are linked to chronic pain. People who are suffering from panic or anxiety disorders may also suffer from neck pain and migraines. This may be the direct result of tension in the spinal cord. The chiropractor will first determine what is causing the tension or stress before providing the spinal realignment techniques that will allow the chest to open up and provide the patient with a new sense of confidence, without tension or anxiety.

At the offices of the Unity Spine & Joint pain stop clinics, the experienced chiropractors are capable of providing all kinds of alternative and non-invasive treatments for relieving chronic pain caused by diseases or injuries due to car accidents. These natural and holistic therapies will not just minimize or eliminate the symptoms like medications, but they will also manage the patient's discomfort and help the person in getting on the road to full recovery. The benefits of chiropractic therapy extend far beyond a more convenient and efficient pain management plan since they can be custom-tailored to fit the specific needs of a particular patient.

Those who are looking for a natural pain clinic in Tempe or Phoenix, AZ, can check out the Unity Spine & Joint website, or contact them on the phone or through email.

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For more information about Unity Spine & Joint, contact the company here: [Unity Spine & JointDr.](#)

Thomas Morgan 602-603-4077 tom@unitydoctors.com 4765 S Lakeshore Dr, Tempe AZ 85282

Unity Spine & Joint

At Unity Spine and Joint, we practice responsible pain management with a broad array of services and specialties. This enables us to provide you with the correct diagnostic testing, regenerative medicine, chiropractic and physical exercise modalities.

Website: <https://patients.unityps.com/>

Email: tom@unitydoctors.com

Phone: 602-603-4077

