



Bexley Dental Offers Natural Teeth Whitening in Bexley

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Bexley Dental, a dental office in Bexley, NSW, Australia, is happy to announce that they are offering teeth whitening in Bexley and neighbouring areas. Teeth whitening is important because teeth can change colour due to a number of reasons. Natural teeth can lose their whiteness due to stains from food and drink and tobacco use. They can also become more yellowish as a person ages as the outer enamel layer becomes thinner and the dentin under it becomes more noticeable. Certain medications, such as antipsychotics, antihistamines and high blood pressure drugs can also darken teeth. And lastly, trauma can cause the teeth to change color because the tooth reacts to the injury by laying down more dentin, which is darker than the outer enamel layer.

Zainab Ali, a representative for Bexley Dental, says, "If you're worried that your smile isn't as bright as it used to be, it's time to take advantage of the high-quality whitening treatment available at Bexley Dental. Actually, there are many options that can easily be accessed. You need only walk through the aisles at your local chemist to see how true that is. The number of at-home whitening kits available over the counter has exploded in recent years. There are also non-dentist whitening "bars" popping up in shopping centers and other high traffic areas. However, nothing can match the kind of teeth whitening that a dentist can provide."

There are two teeth whitening options available through Bexley Dental. One simple teeth whitening residents

can use is provided through at-home kits. The other one is through in-chair professional teeth whitening. The advantage of teeth whitening that is done in a dental office is that it doesn't require the diligence that is needed in following a 14-day regimen with at home kits. Before undergoing the teeth whitening treatment, it is suggested that patients undergo a complimentary 15-minute whitening consultation where the dentist can assess the health of the patient's teeth, determine the level of staining, and explain what the patient can expect from the whitening results.

The in-chair teeth whitening treatment can be done in as little as 36 minutes in most cases and the results can last for two to three years. In contrast, the results provided by over-the-counter whitening strips usually last for one to two weeks. And results from at-home teeth whitening kits can last for three to nine months.

Meanwhile, safety is an important consideration for teeth whitening products. While all of the products on the market have already undergone an approval process, there is the possibility that reactions may occur, particularly in sensitive people. For those who have sensitive teeth and gums, it is advisable to choose the whitening treatment provided by dentists because a dental professional can adjust the formulation to avoid a reaction.

One of the at-home teeth whitening kits that may be recommended by Bexley Dental is the Philips Zoom! Take Home Whitening Kit. It is the only take-home whitening system with amorphous calcium phosphate and it offers enamel protection while whitening the teeth. It also decreases future staining and sensitivity. Furthermore, it can provide the expected whitening results in just 14 days, in contrast to the months it may take for other over-the-counter take-home teeth whitening products.

For in-chair whitening, Bexley Dental can use the Smartbleach 3LT Tooth Whitening system. It comes with a reasonable price and includes take-home whitening trays if needed. It uses "laser-like" technology and whitens teeth without applying any heat, which makes it safer for the teeth. It utilizes a combination of a pure green laser-like light and red alkaline gel. The gel does not etch the tooth enamel, unlike acid-based whitening systems.

When in need of dental teeth whitening NSW residents in Bexley and surrounding areas can check out the Bexley Dental website, or contact them on the phone or through email. They are open on Mondays and Thursdays, from 8:00 am to 7:00 pm; Tuesdays and Wednesdays, from 8:00 am to 6:00 pm; Fridays, from 8:00 am to 5:00 pm; and Saturdays, from 8:00 am to 1:00 pm.

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For more information about Bexley Dental, contact the company here: Bexley Dental Zainab Ali (02) 9567 4151 patrice.spyrakis@bexleydental.com.au 400 Forest Rd, Bexley NSW 2207

Bexley Dental

Bexley Dental has been caring for families since 1992. Offering everything from regular cleans to advanced dentistry. Dr Spryakis and his team of experienced dentists, hygienists, and dental nurses pride themselves on keeping their patients smiles healthy

Website: <https://www.ssdentalclinic.com.au/dental-implants/all-on-4>

Email: patrice.spyrakis@bexleydental.com.au

Phone: (02) 9567 4151

