# Revival Products Explains How Soy Products May Be Used for Menopause Relief

*July 26, 2021*

July 26, 2021 -

Revival Products Inc., a company based in Kernersville, NC, has explained the use of soy products for menopause relief. Specifically, the company?s Revival shakes and protein bars are made from a researched concentrated soy blend and physicians have recommended their products to patients for different reasons, including menopause relief; energy; heart health; enhanced health of the skin, hair and nails; and weight loss.

Menopause is a natural stage of life that all women eventually experience as they age. The symptoms include night sweats, mood swings, hot flashes, and lack of energy, which can make this phase one of the most physically and emotionally trying times in a woman?s life. Studies have shown that eating the right amount of soy is required to get full health benefits.

The medical research team of Revival Products, headed by Dr. Aaron Tabor, have spent years studying the benefits of soy for various health conditions, including menopause. Doctors have recommended the Revival soy products for different reasons, including menopause relief; heart health; enhanced health of the skin, hair and nails; energy; and weight loss.

Suzanne Tabor, President of Revival Products Inc., says, ?Most people are reluctant to include soy in their daily diet, because traditionally, soy products have had a bland, chalky flavor. However, because of our relentless pursuit of taste perfection, that tradition ends with Revival Soy. You see, when Dr. Tabor started Revival Soy to help me through menopause, he knew that taste would play an integral part in the products he created.?

Dr. Tabor spent two years in coming up with the texture, taste and consistency of every soy product and flavor. The result is a soy product with a taste the people love. Soy protein was chosen because it contains all nine essential amino acids in the proper balance for the needs of a human body. It is, therefore, a fitting substitute for meats that are high in cholesterol and saturated fat. Soybean is the only vegetable that has more protein than carbohydrates and Revival Soy is made from soybeans that have been assured to be non-GMO.

There are three phases of menopause: peri-menopause, menopause, and post-menopause. Peri-menopause starts 8 to 10 years before menopause and is the period when hormone production by the ovaries starts to decline. Menopause happens during the late 40?s to mid 50?s and it is during this period that the ovaries stop releasing eggs and the production of most of their estrogen. Most of the menopausal discomfort are felt during this period. Post-menopause happens during the late 50?s and beyond. Menopausal discomforts start to decline during this period but there are more health risks.

Studies have shown that Revival Soy may help reduce hot flashes and night sweats during menopause. This was observed with daily use of Revival Soy. While soy is not a replacement for hormone replacement therapy (HRT) or prescription medication, more than 20 clinical trials have shown that soy consumption may help decrease hot flashes and other mild discomforts during peri-menopause, menopause, and post-menopause.

Revival Soy is unique in that it requires less soy intake while providing more protein. One Revival protein bar or shake has the same amount of soy isoflavones in six cups of conventional soy milk. Plus, there is 90 percent less fat and without the soy taste. The high concentration of isoflavones in the Revival bars and shakes is due to their focus on the center of the soybean, which is known as the ?hypotocotyl.?

Revival Soy bars and shakes may also help in weight loss because of their high protein content while having much less cholesterol and saturated fat compared to meat. It has also been observed that Revival Soy can decrease hunger cravings and prevent a rapid increase in blood sugar levels. Thus, when used in combination with a healthy diet and exercise, Revival Soy may help a person achieve weight loss.

Those who are interested in learning more about soy protein shakes for weight loss or menopause relief can

visit the Revival Products website, or contact them on the telephone or through email.

###

For more information about Revival Products Inc., contact the company here:Revival Products Inc.Suzanne Tabor800-738-4825CustomerCare@Soy.com200 Peddycord Park Ct, Kernersville, NC 27284

## Revival Products Inc.

*Revival Soy is a brand of soy food and supplement products that help with many elements in health and fitness including the menopausal transition.*

Website: https://www.soy.com

Email: CustomerCare@Soy.com

Phone: 800-738-4825