


# Former Clearwater Patient Thanks WhiteSands Alcohol and Drug Rehab for Saving His Life

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CLEARWATER, FL - July 22, 2021 -
Clearwater FL - Phillip, a resident of Clearwater Florida finally had enough of his struggle with substance abuse and decided to seek professional help. He knew instantly that he had made the right decision by coming to WhiteSands Alcohol and Drug Rehab.

?This place was very clean and the staff was professional. There was a great atmosphere there and it made my stay comfortable,? explained Phillip.

When a patient attends WhiteSands, they immediately feel welcomed and comfortable. The caring and attentive staff at WhiteSands play a large role in the patient?s recovery journey and they strive to follow them every step of the way. Along with the staff, WhiteSands includes many amenities that help ensure the comfort of patients and give them something to do between sessions.

?The pool and the gym were great amenities,? says Phillip. When a patient is comfortable in the situation and

environment they are in, they will be a lot more receptive and open to treatment. Patients attending WhiteSands Alcohol and Drug Inpatient Rehab have around-the-clock access to amenities such as a pool, gym, basketball courts, volleyball courts and even an on site personal trainer. Access to these amenities allows patients to develop healthy habits that they can carry on into their sober lives.

WhiteSands works very closely with patients looking to transition from inpatient to outpatient care, even through completion of the programs.

?There was a smooth transition from inpatient to outpatient and my case manager Andrew gave me plenty of aftercare resources to take with me when I left,? Phillip went on to say.

Part of WhiteSands methodology is ensuring that patients are prepared to re-enter society after attending rehab. Many patients may feel as if they are ready to enter the real world again without realizing how many potential triggers can and will be present. WhiteSands provides patients with trigger management tools, coping mechanisms, follow-up appointments, and easily accessible resources such as therapists and counselors. Patients can even choose to become part of the alumni program and maintain relationships with staff and other patients.

When patients complete treatment at WhiteSands Alcohol and Drug Rehab, it is important to still remain aware of the chronic addiction. Creating structure and routine in daily life and following practices recommended by staff is the best way to maintain life-long sobriety. Since addiction is a chronic disease, adhering to the relapse prevention plan and staying connected with staff and alumni is highly recommended in maintaining sobriety.

?I am grateful there was an outpatient office so close to my house. Thank you White Sands for saving my life!?

WhiteSands Alcohol and Drug Rehab is here to help. For anyone struggling with addiction or substance abuse, call the medical professionals at WhiteSands today at (727) 270-9970.

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For more information about WhiteSands Alcohol & Drug Rehab Clearwater, contact the company here:WhiteSands Alcohol & Drug Rehab ClearwaterRyan Monesson(727) 270-9970rmonesson@wstreatment.com1932 Drew St, Clearwater, FL 33765

**WhiteSands Alcohol & Drug Rehab Clearwater**

*WhiteSands Alcohol & Drug Rehab Clearwater is the #1 addiction treatment center in Clearwater Florida. From detox to rehab, WhiteSands has locations throughout Florida offering a full continuum of care.*

Website: https://whitesandstreatment.com/locations/florida/clearwater

Email: rmonesson@wstreatment.com

Phone: (727) 270-9970

