## Physical Therapy Clinic in Almelo, The Netherlands, Launches New Website

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Acacia Fysio plus Zorg, a physical therapy clinic based in Almelo, The Netherlands, is pleased to announce that they have recently launched their new website. They offer physiotherapy services to adults, children, and the elderly in Almelo and neighboring areas. They expect the new website to make it easier for people to find information about physical therapy and how it may help with health problems that are related to the musculoskeletal system.

Acacia Fysio plus Zorg is a physiotherapy clinic in Almelo with three office locations. They have been providing their services for over 20 years. Their focus has always been quality with a personal touch. The treatment process they provide is composed of several steps: screening, intake, and research; treatment; evaluation; exit; and aftercare.

Tim Olde Hengel, a spokesperson for Acacia Fysio plus Zorg, says, ?We have specialized physiotherapy treatments for acute complaints to your back, neck, shoulder, hip, knee or ankle or other joints. In addition, specially trained physiotherapists in chronic care are ready for you. We always do our best to give you the best physiotherapy care.?

There are a number of reasons why Acacia Fysio plus Zorg stands out among other physical therapy clinics. These include the fact that: they have wide opening hours at three locations; patients receive an appointment on the same day, if desired; they have specialist physiotherapists; they have several positive reviews from previous patients; no referral is usually required; they will also go to the home of certain patients; they have continuous internal quality control; and they have contracts with all health insurers.

Acacia Fysio plus Zorg, in collaboration with Voetencentrum Wender, regularly offers free physiotherapy and podiatry consultations. The physiotherapist and podiatrist will examine the patient?s complaints together in order to provide the best possible help. The podiatrist examines and provides treatment for people who suffer

from pain in their feet. It is also possible that the pain that is felt in the knees, ankles, spine, or hips are linked to problems with the feet.

They offer various kinds of physical therapy services. These include: pelvic physiotherapy, dry needling, ultrasound, EPTE therapy, physiofit, geriatric physiotherapy, hand therapy, lifestyle coach services, manual therapy, and sports physiotherapy.

Pelvic physiotherapy is for people who are suffering from pelvic issues. Usually, these problems are accompanied with shame because these include painful intercourse, sexual dysfunction, urinary and stool incontinence, abdominal pain, pregnancy-related pelvic pain, or children who are not potty trained in a timely manner. It is important to seek help early for such complaints because failure to address the symptoms can lead to other complaints, such as incontinence, pain during sex, constipation, and more.

Dry needling is a physiotherapy treatment where needles are utilized to relax a number of trigger points that cause pain. These trigger points are caused by muscle hardening, which means that a muscle is cramped and tightened and is usually thick and sensitive. These muscles must be relaxed in order to relieve pain and enhance mobility. Dry needling is not the same as acupuncture because the former is focused on relaxing the muscles to relieve pain while the latter is focused on treating the ?energy.?

EPTE or echoconducted percutaneous therapeutic electrolysis is a groundbreaking treatment procedure for patients who suffer from persistent tendon issues. EPTE may be used to treat pain and inflammation in the tendons and muscles and is typically used for athletes.

Physiofit is a fitness workout done in small groups under the supervision of an expert physiotherapist. It is typically for people who suffer from chronic physical complaints. Physiofit allows them to get in better shape or stay fit. It is different from other workouts in that the physiotherapist will be on the lookout for discomforts and pain in the body.

Those who would like to know more about the physical therapy services available at Acacia Fysio plus Zorg can check out their website, or contact them on the phone or through email. They are open from 7:00 am to 9:00 pm on Mondays and Thursdays; from 7:00 am to 7:00 pm on Tuesdays and Wednesdays; and 8:00 am to 6:00 pm on Fridays.

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For more information about Acacia Fysio plus Zorg, contact the company here:Acacia Fysio plus ZorgTim Olde Hengel+31546812233support@acaciaplein.nlAcaciaplein 317606 ES AlmeloThe Netherlands

## Acacia Fysio plus Zorg

Acacia Fysio plus Zorg has three branches in Almelo, located on the Acaciapein, the Bellavistastraat, and the Titus Brandsmahof. In each branch, you will find highly qualified and friendly employees, each with their own specialization.

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