



## **Now In His Fourth Year of Sobriety Former Patient Thanks WhiteSands Alcohol and Drug Rehab in Fort Myers**

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Fort Myers, FL - After attending an alcohol and drug rehab program at WhiteSands, former client Jarell says he's maintained his sobriety since 2017. He recently reached out to the addiction treatment center to leave them a heartfelt five star review on Google and encourage others to reach out for help.

"At the lowest point in my life when I had nowhere else to go, WhiteSands helped me find value and self-worth," Jarell said. "WhiteSands helped me transform my life."

WhiteSands has received hundreds of similar reviews from clients thanking them for nothing short of saving their lives. The addiction treatment center is able to help clients achieve high rates of long term success in recovery by focusing on healing the root causes of addiction which are unique to each individual.

WhiteSands founders knew from the outset they could provide a better experience for people in need of

treatment and also achieve increased rates of long term sobriety. They set out to create a treatment center that would lead the way in patient centered effective alcohol and drug rehabilitation. The positive feedback and long term success of clients like Jarell help the addiction treatment center know they are achieving their goals.

WhiteSands puts a unique emphasis on patient comfort during the recovery process. Most treatment centers remove personal items like cell phones and laptops and only return them at the end of treatment. WhiteSands believes this puts additional unnecessary stress on clients who wish to keep in touch with their loved ones. At WhiteSands, patients are free to use their cell phones and laptops at the end of each day of therapy. This practice dramatically improves patients' comfort level and has proven beneficial for client success as well.

WhiteSands also provides private rooms and bathrooms because they understand that people want to retreat to the peace and quiet of their own room at the end of the day. Clients are also encouraged to take advantage of the wealth of amenities at WhiteSands which include a swimming pool, 10-acres of outdoor space, and a brand new fitness center and athletics complex.

Clinically and medically, WhiteSands also provides more than the industry standards require. WhiteSands patients receive individual or family therapy sessions five times per week, where other centers only provide one hour per week. WhiteSands maintains smaller group sizes and a high patient-to-staff ratio. They also employ full time highly credentialed medical and support staff for all stages of treatment and recovery, a practice that results in better continuity of care and improved patient outcomes. Through their unique life skills program, WhiteSands also provides strong daily support long after clients are discharged.

In addition to receiving consistent five star reviews from clients, WhiteSands was also rated the number one addiction treatment center in Florida by Newsweek magazine. Newsweek's annual rankings are informed by a survey of medical professionals who rate alcohol and drug rehab centers based on the quality of care, services provided, follow up care, accommodations, amenities, reputation, and accreditation compared to in state competition.

"I have been sober for over two and a half years and believe that this place has given me the tools to become the man I am today," Jarell said.

For anyone in need of effective high quality addiction care WhiteSands is available 24/7 to answer calls and help take the first step towards a better life. Call (877) 640-7820 or visit [www.whitesandtreatment.com](http://www.whitesandtreatment.com) to learn more.

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## **WhiteSands Alcohol & Drug Rehab Fort Myers**

*Fort Myer's #1 destination for detox & rehab treatment from prescription, alcohol, and drug addiction. Come experience the WhiteSands difference. Private rooms, amazing amenities, and world-class recovery results.*

Website: <https://whitesandstreatment.com/locations/florida/fort-myers-drug-treatment-center/>

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