



# Bexley Dental

## **Bexley Dental Offers Invisalign Clear Braces**

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Bexley Dental, a dental office based in Bexley, NSW, Australia, is happy to announce that they are offering Invisalign braces, which provide a discreet route to having straighter teeth and a better smile. This can have a significant impact on an individual's self-esteem who had crooked or misaligned teeth. Invisalign is different from traditional metal braces in that they are clear and removable aligners designed to gradually shift the teeth. There are no wires and brackets and they are made from flexible plastic, which means that they are more comfortable than the usual metal braces, and most of all, they are virtually invisible.

The Invisalign treatment utilizes a series of clear plastic aligners that are designed to gradually move the misaligned teeth. While similar to teeth whitening trays, these clear braces or aligners are made specifically for a particular individual using 3D computer imaging technology. A series of custom-made clear braces are produced for a patient and the patient wears each particular aligner for a certain duration of time after which the next aligner is used, and so on until the whole series of aligners have been used.

Invisalign provides advantages over traditional braces because it is convenient, more comfortable, and more discreet. Invisalign also requires a shorter duration for the treatment. While traditional braces require about 24 months to fully accomplish the desired alignment, Invisalign only requires around six to 18 months. Maintenance of Invisalign clear braces is easier compared to traditional braces because they can be removed

and can be cleaned by brushing and rinsing in lukewarm water, whereas the wires and brackets can't be removed and they must be brushed thoroughly after meals or at least twice a day.

Invisalign also requires less dental visits because treatment progress checks may be done every 6 to 8 weeks while traditional braces require monthly progress monitoring and adjustments. With regards to comfort, the wires and brackets of traditional braces can cause pain and sensitivity and there may be additional discomfort after adjustments are made. In contrast, the discomfort with Invisalign may only be felt when changing aligner trays because of tooth movements.

And with regards to lifestyle, patients are advised not to eat hard or sticky foods when wearing traditional braces. With Invisalign, patients will just need to remove the aligners when eating or drinking, except for water. Traditional braces can also cause discolouration and they are not suitable for contact sports. The only advantage of metal braces is that there is less chance of user error because they can't be removed. With regards to aftercare, Invisalign aligners are similar to traditional braces in that they also require the use of a retainer after treatment.

Meanwhile, Invisalign treatment time can be reduced because of its patented SmartTrack material. Aside from offering better comfort and excellent fit, it ensures that the exact amount of pressure needed is applied. Most importantly, the application of the correct pressure is maintained over time. With the constant application of the right pressure, the treatment time is reduced, allowing the aligners to be changed weekly, rather than fortnightly. And Invisalign is suitable for both adults and teenagers alike.

Zainab Ali, a spokesperson for Bexley Dental, says, "When it comes to Invisalign, not all dentists are created equal. While some may offer the Invisalign treatment, they haven't necessarily attended the additional training and ongoing clinical training that is required for successful results. Bexley Dental is a fully certified provider of Invisalign treatment, and we have been treating patients for many years. Having dealt with many different cases, we are expertly placed to not only resolve the cosmetics of your smile, but to ensure your bite is healthy and your oral health is on the right track for the future."

When interested in Invisalign Bexley residents can visit the Bexley Dental website, or contact them through the telephone or via email. They are open on Mondays and Thursdays, from 8:00 am to 7:00 pm; Tuesdays and Wednesdays, from 8:00 am to 6:00 pm; Fridays, from 8:00 am to 5:00 pm; and Saturdays, from 8:00 am to 1:00 pm.

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For more information about Bexley Dental, contact the company here: Bexley Dental Zainab Ali (02) 9567 4151 [patrice.spyrakis@bexleydental.com.au](mailto:patrice.spyrakis@bexleydental.com.au) 400 Forest Rd, Bexley NSW 2207

## **Bexley Dental**

*Bexley Dental has been caring for families since 1992. Offering everything from regular cleans to advanced dentistry. Dr Spryakis and his team of experienced dentists, hygienists, and dental nurses pride themselves on keeping their patients smiles healthy*

Website: <https://www.ssdentalclinic.com.au/dental-implants/all-on-4>

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