



SYDNEY HOLISTIC Dental Centre

Sydney Holistic Dental Centre Offers Holistic Approach to Invisalign Clear Braces

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Sydney Holistic Dental Centre, a dental office in Sydney, NSW, Australia, reveals that they always apply the holistic approach when providing Invisalign clear aligners to patients. Invisalign aligners are used to straighten misaligned teeth in a discreet manner because they are made of clear plastic and are practically invisible. And in view of their holistic approach, the dentists at the dental office do not just provide the Invisalign treatment to patients to provide them to allow them to have straighter teeth and have a beautiful smile. Invisalign can also be used to address certain health problems that occur because of crowded teeth and narrow jaws.

Straightening the teeth with Invisalign can have an impact on other aspects of the patient's health. First of all, it will provide sufficient space for all of the teeth with the result that the airway is widened and allows optimal breathing. Second, straightened teeth enable easier cleaning of the teeth, resulting in better oral hygiene and less gum problems and less chance of having cavities. And finally, it allows the individual to have a beautiful smile. The patient is no longer ashamed to display his or her teeth, which improves self-esteem and mental health.

The Invisalign treatment uses several clear plastic aligners that have been designed to gradually move the misaligned teeth into their proper positions. These plastic aligners are similar to the teeth whitening tray but they are made precisely for a specific individual by applying 3D computer imaging technology. A series of custom-fitted clear braces are fabricated for a patient and the individual wears each aligner for a certain period of time after which the next aligner is worn, and so on until all of the aligners have been used. It should be noted that while Invisalign cost may be a bit higher compared to the cost of traditional braces, its advantages of comfort and convenience, and the fact that it is practically invisible more than make up for it.

In holistic dentistry, the guiding principle is that every part of the body has an effect on the whole body, which means that the teeth, jaws, gums, and different parts of the head and neck that are affected by the mouth can have an impact on an individual's overall health. Thus, the Invisalign braces treatment will always be considered in this particular dental office in relation to the holistic health model. It is important to note that there are five stresses that are interlinked in the holistic approach: environmental stress, emotional stress, postural stress, dental stress, and nutritional stress.

The mouth and oral cavity can be the source of a lot of chronic pain and stress, and this may affect other parts of the body, resulting in neck aches, sleep disturbances, headaches, and jaw pain. Furthermore, a high level of stress can negatively impact the immune system and this may cause more chronic inflammation. Therefore, the dental professionals at Sydney Holistic Dental Centre will not be satisfied with simply providing dental treatments, such as Invisalign aligners, but they will also take into account the patient's overall health and collaborate with other healthcare professionals for purpose of improving the patient's overall health.

The team of dentists and dental professionals at Sydney Holistic Dental Centre, including Dr Craig Wilson, Dr Yin Yin Teoh, Dr Joshua Ehrlich, Dr Joshua Ehrlich, Dr Lewis Ehrlich, and Dr Joshua Ehrlich, offer holistic dentistry, dental implants, cosmetic dentistry, amalgam removal and replacement, teeth whitening, Invisalign, and more. They also offer treatment for tension headaches, neck aches, stress symptoms, migraines, jaw aches, and sleep problems.

They also provide; careful removal of mercury amalgam fillings, chronic inflammation and infections in the oral cavity, this includes the use of biocompatible dental materials, enhancing the patient's quality of sleep, enhancing the aesthetics of the smile and function of the jaws, chronic tension neck aches and headaches and their link to the way the teeth fit together and providing help to anxious patients in achieving optimal oral health through sleep dentistry.

When interested in cosmetic dentistry such as Invisalign, residents can visit the Sydney Holistic Dental Centre website to find out how the holistic approach is applied to the Invisalign treatment, or contact them

through the telephone or via email.

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For more information about Sydney Holistic Dental Centre, contact the company here: Sydney Holistic Dental Centre Robyn Farley (02) 9221 5800 shdc@shdc.com.au 17/111 Elizabeth St, Sydney NSW 2000

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Sydney Holistic Dental Centre has been enhancing people's oral and general health since 1983. Our clinic supports our holistic approach, with a calm and relaxing feel, and with state of the art technology to ensure quick and optimal treatments.

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