Unity Spine & Joint Explains How Sports Injury Chiropractors in Indianapolis Can Provide Fast Pain Relief

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Unity Spine & Joint, a chiropractic clinic based in Tempe, AZ, has explained in a blog post how sports injury chiropractors in Indianapolis are able to offer fast pain relief. Chiropractic care is a type of alternative therapy for the diagnosis and treatment of the spinal and musculoskeletal system. The article explains how chiropractors are able to treat injuries and spine-related health issues through the use of natural and non-invasive techniques. The goal is the alignment of the spine through the use of adjustments.

Dr. Thomas Morgan, physician at Unity Spine & Joint, says, ?This non-invasive therapy allows the joint to move in a normal manner and minimize inflammation. Another technique is in the form of high-velocity adjustment, in which you are asked to relax your head in the hands of the chiropractor, who will quickly thrust your head in a way that you will hear a cracking sound. There are also other gentler adjustment methods that these practitioners use to give patients quick pain relief.?

Such manipulations of the lumbar spine have been shown to be a safe and effective method of relieving pain. Although this kind of therapy cannot be used to treat every illness or disease, in many instances, it can be

used to reverse the cause of the pain. This is different from taking pain-relief drugs that can treat just the symptoms but don?t address the cause of the pain. Chiropractors will focus on the nervous system because it is the system that controls every part of the body, from reflexive responses to every movement that the body makes. Thus, they are able to provide pain relief without the use of drugs, which means they are a great alternative for patients who don?t want to take medication.

Chiropractors take a drug-free and holistic approach, focusing less on the symptoms of the pain and more on ensuring that the patient has a healthy body. This is the primary basis for their provision of comprehensive care that is both non-invasive and natural. Thus, every method that they use on patients is painless and does not have side effects. There may be some mild soreness after the treatment but this typically subsides within an hour or two.

In the management of chronic pain, they often combine this with different types of therapies, such as transcutaneous electrical nervous stimulation (TENS), assisted stretching and strengthening of the core, and physical medicine modalities. Chiropractic care can be provided in combination with other therapies because it is totally medication-free, offering a broad range of therapy alternatives for patients. And it is no longer just for pain. It is also currently being used for other conditions, such as ear infections, fertility issues, car injuries, PMS, and chronic migraines.

Unity Spine & Joint also offers the services of testosterone doctors in North Indy. Aging in men is accompanied by a reduction in testosterone production, which can have several effects. They find that they have less energy than before, their joints begin to ache, and they find that their libido has declined. There may even be more serious health problems, such as increased risk of heart disease. In addition, men find that their metabolism has slowed down so that they start to gain weight, which in turn, increases the risk of diabetes, heart disease, hypertension, and other weight-related health problems, such as obesity. Symptoms of low testosterone levels include: low sex drive (libido); fatigue and poor energy level; decreased muscle mass; erectile dysfunction; difficulty concentrating; depression; irritability; body and facial hair loss; and low sense of well-being.

The testosterone doctors can help counteract the mentioned symptoms through male testosterone replacement therapy. This kind of therapy is available in various forms, such as: gels, skin patches, mouth patch, and injections and implants. A consultation with a testosterone doctor is necessary because he will be the one to make the recommendation on whether testosterone replacement therapy is appropriate for a particular patient.

Those who are interested in a chiropractic clinic in Tempe, AZ, can visit the Unity Spine & Joint website,

or contact them through the telephone or via email.

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For more information about Unity Spine & Joint, contact the company here:Unity Spine & JointDr. Thomas Morgan602-603-4077tom@unitydoctors.com4765 S Lakeshore Dr, Tempe AZ 85282

Unity Spine & Joint

At Unity Spine and Joint, we practice responsible pain management with a broad array of services and specialties. This enables us to provide you with the correct diagnostic testing, regenerative medicine, chiropractic and physical exercise modalities.

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