



Concepts Of Spring Reveals Information On The Connection Between Probiotics And Weight Loss

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Concepts of Spring, a nutritional and probiotic supplement company based in Elkhart, Indiana, has revealed information that show how probiotics can help in weight loss and in improving overall fitness. The company said that most people are unaware of this because nutritional companies generally focus on other health benefits that probiotics provide such as helping the body strengthen its immune system, improving bowel function and fighting against high cholesterol.

According to the findings that were published on October 9, 2012 in the Journal of Functional Foods, probiotic supplements may be able to help in preventing intestinal fat absorption and thus could be an effective tool for weight loss. "Unlike antibiotics, which tend to kill all bacteria, especially the healthy bacteria that help in maintaining a healthy weight, probiotics provide bacteria that reduce body fat, which they do by stopping the intestines from absorbing fat calories," says Eva Galvez, spokesperson for Concepts of Spring. She added that it has been found that probiotics can help make the intestinal walls become less permeable. When this occurs, it becomes more difficult for molecules that contribute to type II diabetes and obesity to enter into the body's bloodstream.

The Spring Vitality Probiotic Supplement is currently available on the company's Amazon storefront. Interested parties will be able to get the full details of other health benefits that these supplements help in promoting, and they will also be able to read reviews from customers that have already bought the Spring Vitality Probiotic Tablets. One customer wrote the following review: "Several members of my family have thyroid, tummy and yeast issues. We take a crazy amount of probiotics in our house. These have a pretty low dose CFU compared to other brands that I have tried. They would not work for us by themselves, but I have added in one of these tablets along with our regular probiotics and they have worked nicely. I have found that if we get a sour tummy or heart burn, taking one of these usually helps to tame the issue."

For those who would like to find out more about the products, they can visit the company website. They may also connect with the company through their Facebook page.

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For more information about Spring Vitality, contact the company here: Spring Vitality Eva Galvez +1(347) 560 8951 service@conceptsofpring.com Concepts of Spring 25883 N Park Ave Ste 3-500877, Elkhart, Indiana, 46514, USA

Spring Vitality

Spring Vitality is a brand of quality Dietary Supplements brought to you by Concepts of Spring. Spring Vitality aims to promote family health and boost wellness through expertly formulated supplements that are safe to ingest for the whole family.

Website: <http://www.conceptsofpring.com>

Email: [service@conceptsofspring.com](mailto:service@conceptsofpring.com)

Phone: +1(347) 560 8951

