

The Source Addiction Treatment Center in Fort Lauderdale Congratulates Singer Songwriter Lily Allen as she Celebrates 2 Years Drug and Alcohol Free

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Fort Lauderdale, FL - Lily Allen, of British pop royalty, made a name for herself with hit songs like Smile and The Fear. In her memoir, My Thoughts Exactly, she recounted how struggles with substance abuse brought her to the lowest points in her life and how she managed to regain control and go on to be happier and healthier than ever. Recently, Allen shared a new milestone, ?2 Years Drug and Alcohol-free,? she said on Instagram. ?Getting clean is the BEST thing I ever did.? The Source addiction treatment center commends Allen and celebrities like her, not only for their recovery successes but also for sharing their stories and being an inspiration to others.

The Source is an alcohol and drug rehab that believes that unresolved trauma is most often the root cause of substance abuse and addiction. In order to truly heal from addiction, The Source believes that a strong supportive community, a sense of belonging, and a realization that one is worthy of love, are essential. In her book, Allen recounted her own emotional traumas which began at a young age and continued into adulthood. Being the daughter of celebrities, Lily was in the public eye from an early age. Both her parents struggled with substance abuse and when they went through a messy public divorce she describes being left searching for

a sense of belonging. Allen said, ?I started getting my value from attention from others. All I wanted was affirmation and praise and I didn?t even really get it then. I got it from strangers, but I didn?t really get it from the people I wanted it from. I'm in the process of breaking that cycle.?

Allen said of her new life, "I don't have as much as I had then in terms of success and wealth, but I have success and health in my mind, which is more valuable I think.? For anyone currently caught in the pain and despair of addiction, The Source addiction treatment center in Fort Lauderdale can help. The Source believes that successful recovery is centered on compassion and personalized treatment programs that meet each client's needs. For a truly unique rehab experience based on unconditional love and healing the deeper root causes of substance abuse, call (800) 204-0418 or visit www.thesourcetreatmentcenter.com to learn more.

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For more information about The Source Treatment Center, contact the company here:The Source Treatment Center(800) 204-04181730 E Commercial Blvd, Fort Lauderdale, FL 33334

The Source Treatment Center

The Source Treatment Center is the #1 addiction treatment center in Fort Lauderdale, Florida. Specializing in alcohol, rx and drug rehab. We are excited to help everyone who calls or walks through our doors.

Website: https://www.thesourcetreatmentcenter.com/

Phone: (800) 204-0418

