

After Attempting Treatment at Multiple Centers Plant City Woman Finds Hope at WhiteSands Alcohol and Drug Rehab

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Plant City, FL - After attending multiple addiction treatment centers, Francesca found herself unable to overcome the trauma that led to her substance abuse. However, when she entered WhiteSands Alcohol and Drug Rehab, she found care that really made the difference.

?From grief and loss to overcoming traumas from childhood and adulthood. Their compassion and patient care are the best of any of the four treatment centers I have been to,? Francesca said. ?The therapy was beyond insightful and has changed my life.?

WhiteSands Alcohol and Drug Rehab stands out from its competitors in multiple ways. According to hundreds of five star Google reviews like Francesca?s, WhiteSands staff genuinely care about clients? success and are dedicated to seeing them make a full and lasting recovery. They do not apply an institutionalized one size fits all treatment approach. Instead, they uncover and address the underlying issues that are frequently the

driving force behind addiction.

?The amount of care the staff here provide is unmatched! I believe that WhiteSands changed my life forever!? said Francesca.

Through experience, WhiteSands has discovered that when patients feel comfortable and safe in their environment, they are much more receptive to treatment. When clients feel they can trust the staff?s support and care, they can relax and open up about their life experiences. Therapists are then able to gain a deeper understanding of the patient?s particular issues and meet their specific needs.

WhiteSands enjoys remarkable success rates with clients sustaining their sobriety long-term. According to the WhiteSands team, the individualized treatment programs, as well as diagnosis and treatment of root causes of addiction, are major contributing factors to their success. When patients are treated holistically, they have a much higher chance of transforming their lives in fundamental and lasting ways.

Aftercare is an equally important piece in addiction treatment. It?s a crucial component of the long-term recovery journey and significantly boosts the chances of achieving lasting sobriety. Staying engaged with recovery through therapy, support groups, and alumni events reinforces the lessons learned during inpatient and outpatient rehab.

Addiction is a chronic and relapsing disease that can easily creep back into a person?s life. But WhiteSands consistently receives glowing reviews from former patients like Francesca who are celebrating milestones in their recovery. Some of the programs frequently cited as contributing to their success include WhiteSands? strong aftercare program, coordination of treatment with a primary therapist in patients? hometown, monthly follow up care post-discharge, and help to find support groups and 12 step programs people can rely on as they continue their journey.

For anyone struggling with addiction, don?t wait to hit rock bottom to reach a turning point in life. Call WhiteSands anytime 24/7 to begin treatment. Call (877) 640-7820 or visit www.whitesandstreatment.com to learn more.

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WhiteSands Alcohol & Drug Rehab Tampa

Tampa's #1 Addiction Treatment Center in Tampa Florida for treating prescription, alcohol and drug addiction. Private rooms, amazing amenities, world-class recovery results.

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