

Residents of Lakeway Texas a Suburb of Austin Have a New Home for Addiction Treatment at Resurgence Behavioral Health

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Austin, TX - While addiction is a medical condition that requires a medical solution, comfort and compassion are essential to the cure. Lakeway, TX residents seeking recovery from drug or alcohol dependence can find those much-needed protocols dispensed in a home-like setting at Resurgence Texas' facility near Austin.

Resurgence Texas is part of Resurgence Behavioral Health, a nationwide network of drug and alcohol treatment centers. Its facility's location near Lakeway and the sophisticated arts and education hub that is Austin, Texas, makes it clear that anyone of any class or socioeconomic background can find themselves or a loved one in need of treatment. The people of Lakeway can find this care at Resurgence Texas, where comfortable surroundings and innovative treatment methods are an integral part of care.

The Texas center serves Travis County, a population where drug overdose rates are lower than elsewhere in the United States: 11.6 per 100,000 people for all drugs, 4.8 per 100,000 people for opioids, according to the National Center for Health Statistics. But the addiction problem does persist, enough that the U.S. Centers for Disease Control and Prevention has recommended expanding access to medically assisted treatment for Travis County residents struggling with opioid addiction.

Like all Resurgence centers across the nation, Resurgence Texas offers a full range of treatment options for drug and alcohol addiction: detox, inpatient and outpatient care, sober living and aftercare. In addition, several kinds of cognitive and behavioral therapy are offered, and treatment can be integrated with 12 Step programs. Resurgence also provides digital tools to make therapy available to clients who cannot attend in-person sessions.

Virtual therapy is one-way Resurgence customizes its programs to the needs of the individual client. Another is its dual-diagnosis therapy, which seeks the underlying mental or emotional issues that may be feeding the client's addiction. For example, trauma and abuse may lead to depression, anxiety and other illnesses that

the sufferer tries to subdue with alcohol or drugs. While it may not be true of people who become addicted because of inadequate pain management supervision, addiction is often just a symptom of a deeper problem. It is not the addict's central issue.

This holistic approach is more complex but provides more lasting relief than might be accomplished by treating only the addiction. If a person is limping because their leg is broken, their doctor doesn't just give them a crutch, they also set the break so it can heal. Resurgence treats the break in the addict's emotional core, which removes the need for self-medication.

True healing is also enabled with Resurgence Texas' tranquil rural setting, which is common to many other Resurgence facilities. Resurgence believes in the power of nature to calm the mind and open it to the possibilities of treatment. Other unique features of Resurgence treatment are designed to make the client as physically and emotionally comfortable as possible. For instance, pets are allowed at many facilities, as Resurgence believes they offer essential emotional comfort. Couples can attend therapy together, although residential clients are housed in separate, same-sex accommodations during early recovery. Smoking is allowed (outdoors only). Cellphones are allowed after a two-week stabilization period.

At every Resurgence facility, the staff is what really makes the difference. These highly experienced professionals are passionate about guiding those who are struggling but determined to make a better life for themselves. About half are in recovery themselves, which gives them a highly personal and deeply authentic understanding of what their clients are going through and what they need to succeed.

For more information and to speak with a Resurgence Texas addiction specialist, call 855-458-0050 or visit www.resurgencebehavioralhealth.com/ to learn more.

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Resurgence Behavioral Health

We are the #1 addiction treatment center in Costa Mesa California for alcohol & drug rehab as well as detox. From alcoholism treatment to heroin, meth and cocaine as well as prescription drug addiction, we can help.

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