



Unlocking The Body Massage Therapy Provides an Affordable Massage Clinic in Puyallup

September 08, 2021

September 08, 2021 - PRESSADVANTAGE -

Unlocking The Body Massage Therapy, based in Puyallup, WA, is happy to announce that they are an affordable massage clinic in Puyallup and surrounding areas. And people can benefit from the medical massage therapy that they provide while paying less out of their pockets because a significant amount can be claimed from their health insurance plans. The medical massage they provide is results oriented and specifically focused on resolving those conditions that have been diagnosed by a chiropractor, physician, or naturopath. The massage therapist may apply a range of modalities or procedures but will concentrate only on those areas of the body related to the prescription and diagnosis. The medical massage treatment they provide is usually billed in 15-minute increments with current procedural terminology and complies with the customary and typical and reimbursement fee schedule.

"Medical massage is cost effective," says Jennifer Bull, owner of Unlocking The Body Massage Therapy. "By assisting the client towards a quicker recovery from acute headaches, neck and back pain, skeletal muscular strains, sprains, etc. he or she is able to return to a normal productive life. It also helps to prevent future chronic pain conditions by effectively dealing with the cause of the problem and eliminating it. As the general public becomes more familiar with the role of the Medical Massage Therapist they will be better able

to handle their everyday soft-tissue pains.?

Aside from the benefits mentioned by Jennifer Bull, there are many more benefits that can be obtained from medical massage therapy. These include: treatment for tight and sore muscles that may lead to ischemia; deactivation of myofascial trigger points that often cause pain; relief for nerve compression or entrapment; restoration of the strength and suppleness of muscles; reduction of pain and inflammation; relief for stress and improvement of circulation; release of tension or muscles in spasm; improvement of digestive motility; calming of the nervous system; improvement of posture and coordination; and more.

Unlocking The Body Massage Therapy also provides reflexology in Puyallup. Reflexology is a focused pressure method that is often applied to the hands, feet, or ears. It is based on the idea that there are zones and reflexes located on the hands, feet, and ears that correspond to all parts of the body, including various organs and glands. Reflexology has certain benefits, such as: improved circulation; relaxation of the body through the elimination of toxins and stress; ability to complement other healing modalities; and provision of help to the body in normalizing metabolisms naturally.

Reflexology is based on the concept that when the reflexes are stimulated, the natural electrical energy of the body will be working through the nervous system to remove any blockage in the corresponding zones. The pressure that is applied to any part of a zone will affect the whole zone and can be stimulated by applying pressure on any reflex in the same zone.

By manipulating certain reflexes, stress can be eliminated and it results in the activation of a parasympathetic response in the body to allow the blockages to be removed through a physiological change in the body. With the improvement in circulation and the elimination of stress, the body is now able to get back to a state of homeostasis, which is the automatic process that the body incorporates to return it to the "normal" state.

A reflexology session can be used for people of all ages, from the newborn baby to the elderly, to provide a general tune-up for any body that is unhealthy. Reflexology can be used with other forms of therapies to complement any current medical treatments. A session may last from 45 to 50 minutes and is done on both feet.

Those who would like to learn more about their wide range of services can visit the Unlocking The Body Massage Therapy website, or contact them on the telephone or through email. They are open on Mondays, from 8:00 am to 7:00 pm; Tuesday to Friday, from 7:30 am to 8:00 pm, and on Saturdays, from 8:00 am to 3:00 pm.

###

For more information about Unlocking The Body Massage Therapy, contact the company here:Unlocking The Body Massage TherapyJennifer Bull(253) 970-8256info@unlockingthebody.com8112 112th St Ct E, Puyallup, WA 98373

Unlocking The Body Massage Therapy

Established in 2008, Unlocking The Body is a Massage Therapy Clinic in Puyallup. We accept Health Insurance, Car Accidents, Work Related Injuries, as well as Private Pay for general wellness or stress relief in our day spa.

Website: <https://www.unlockingthebody.com/>

Email: info@unlockingthebody.com

Phone: (253) 970-8256



Powered by PressAdvantage.com