Unity Spine & Joint Explains How Chiropractors Are Providing Chronic Pain Treatment in Phoenix

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Unity Spine & Joint, a chiropractic clinic based in Tempe, AZ, has recently published a blog post that explains how chiropractors can provide chronic pain treatment in Phoenix and neighboring areas. This is because they provide a form of alternative therapy that is non-invasive and natural and involves the diagnosis and treatment of the spinal and musculoskeletal system. Chiropractors utilize adjustments designed to treat patients through the alignment of their spine.

Dr. Thomas Morgan, physician at Unity Spine & Joint, says, ?During your first visit to the chiropractor?s office at one of the reputable Pain Stop Clinics in Phoenix, and throughout the Phoenix Valley, you will typically undergo a physical examination and your medical history will be reviewed. It is important to note that the manipulations of the lumbar spine are an incredibly safe and effective way to get out of pain. Although chiropractic therapy cannot cure every disease or illness, in many cases, it can reverse the cause of the pain. For example, if you are experiencing neck pain, taking pain-relief medication will treat your symptoms. However, by seeing a chiropractor, the cause of your pain will be treated. Medication only masks your symptoms.?

Chiropractors take a drug-free and holistic approach and every method that they apply on patients for treating discomfort is painless and does not have side effects. While the patient may feel some mild soreness, this typically subsides within one to two hours. In managing chronic pain, chiropractors combine a number of therapies, including physical medicine modalities, assisted stretching, transcutaneous electrical nervous stimulation (TENS), and core strengthening. It is easy to combine chiropractic care with other therapies because it is totally drug-free.

At a pain treatment center in Phoenix, chiropractors also offer therapies for other conditions, including fertility issues, ear infections, PMS, chronic migraines, and car accident injuries. These are just a few of the conditions that may be relieved by seeing a qualified chiropractor. Victims of car accidents often experience whiplash and the pain they suffer from may be relieved by chiropractic care. And pregnant women may also benefit from chiropractic care, which may reduce labor pain and discomfort in their hips and joints.

A misaligned spinal cord causes pinched nerves, stiffness in the muscles, and other issues. Through regular therapy sessions at a chiropractic clinic, people are able to avoid such issues. In addition, chiropractic therapy may be helpful in maintaining a person?s well-being and health in order to have a better quality of life.

Chiropractic care has also been shown to minimize stress and discomfort, which will also enhance people?s mood. Furthermore, by truly comprehending the root cause of the condition rather than just treat the pain, the chiropractor can apply various methods for treating anxiety and other related symptoms that are linked to chronic pain. For instance, if people are experiencing panic and anxiety disorders, they may also be suffering from neck pain or migraines due to tension in the spinal cord. The chiropractor will therefore first examine the patient?s anxiety disorder to truly understand his or her tension or stress before helping the patient with spinal realignment to enable the body to support itself in a healthier way. With the spinal adjustment, the chest of the patient will open up and and he or she will be able to have a sense of confidence without tension or anxiety.

At the pain stop clinics of Unity Spine & Joint, the experienced chiropractors provide all kinds of alternative and non-invasive treatments for chronic pain resulting from car accidents or diseases. These natural and holistic therapies will manage discomfort and help the person get back on the road to complete recovery.

People who would like to learn more about the services of chiropractors in Phoenix can check out the Unity Spine & Joint website, or contact them on the telephone or through email. They are open from 8:00 am to 5:00 pm, from Monday to Thursday, and 8:00 am to 2:00 pm on Fridays.

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For more information about Unity Spine & Joint, contact the company here:Unity Spine & JointDr. Thomas Morgan602-603-4077tom@unitydoctors.com4765 S Lakeshore Dr, Tempe AZ 85282

Unity Spine & Joint

At Unity Spine and Joint, we practice responsible pain management with a broad array of services and specialties. This enables us to provide you with the correct diagnostic testing, regenerative medicine, chiropractic and physical exercise modalities.

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