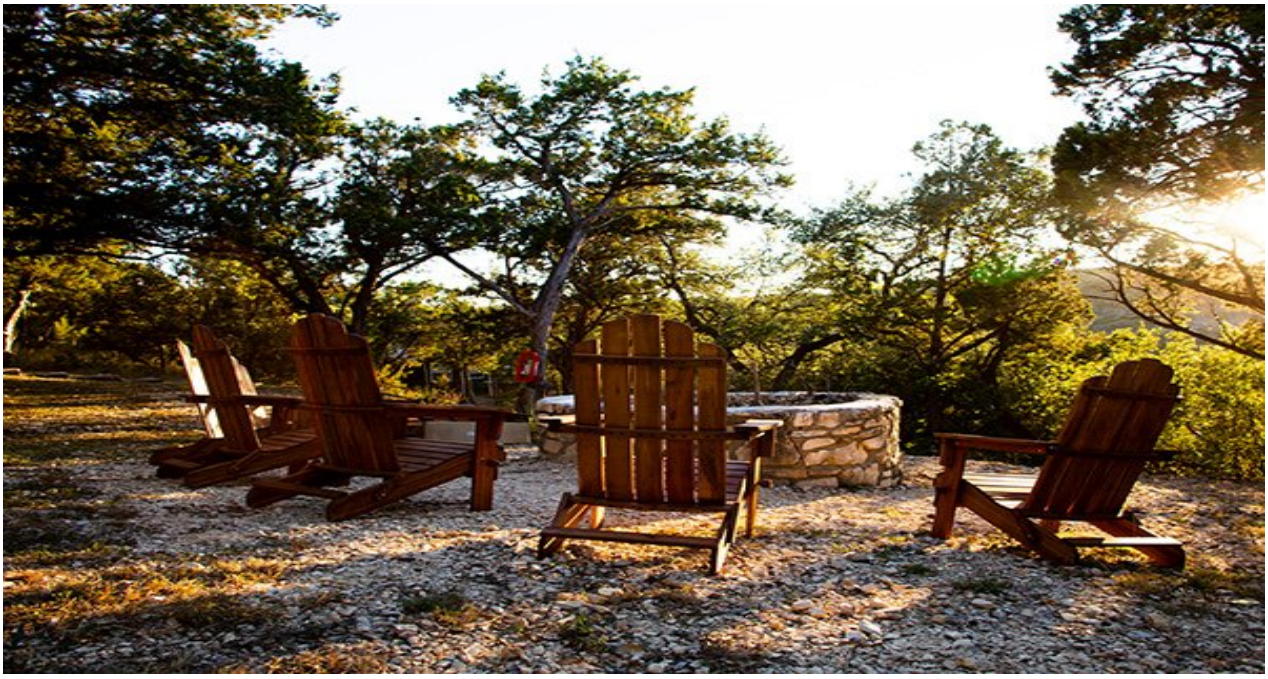


Brushy Creek Texas Residents Turn to Resurgence Behavioral Health for Quality Substance Abuse Treatment Near Austin

September 03, 2021

Wimberley, Texas - September 03, 2021 -
Brushy Creek, TX - Public health officials have called for expanded access to medically assisted treatment for those struggling with opioid addiction. Effective treatment choices are available at Resurgence Behavioral Health for residents of Brushy Creek, Texas, who are struggling with opioid dependence and all other alcohol and drug use disorders.

Resurgence Behavioral Health is a nationwide network of drug and alcohol treatment centers; its facilities include Resurgence Texas near Austin. The National Center for Health Statistics reports that Travis County?s drug-overdose rate is 11.6 per 100,000 people for all drugs and 4.8 per 100,000 people for opioids. While the rate is lower than the national rate, the health reporting agency cites the U.S. Centers for Disease Control and Prevention in recommending more opioid addiction treatment in Travis County.

For those seeking such help, Resurgence Texas offers Brushy Creek residents the entire continuum of care

found at all of its facilities. Care usually begins with medically managed detox, a cleansing period that eliminates alcohol and chemical substances and prepares the body for treatment. Clients then move to residential treatment to start discovering the root causes of their addiction; here, they learn new ways of living without the substances they?ve been depending on to get them through life?s struggles.

When the client leaves in-patient treatment and begins the process of re-integrating back into everyday life, they continue to work on their recovery through outpatient therapy. Finally, aftercare continues to help the client maintain long-term sobriety, including sober living residential care when needed. For those who cannot attend in-person sessions, Resurgence also offers a virtual outpatient program using digital tools.

These are the basics of treatment for everyone at Resurgence, but treatment is highly individualized and customized for each client. Resurgence treats the whole person, focusing on physical addiction and substance use disorders? psychological, spiritual, and emotional aspects.

Resurgence follows current thinking that drug or alcohol addiction is a symptom of an underlying emotional or psychological disorder, not a condition that can be treated independently. Emotional trauma can lead to depression, anxiety, or a similar disorder. Many sufferers attempt to ?self-medicate? with drugs or alcohol. Addiction is likely to return if it is treated, but the underlying issues are not addressed.

This is known as a co-occurring disorder or dual diagnosis, and it?s part of a holistic approach to treatment that Resurgence applies to everyone?s treatment plan. Resurgence extends that philosophy to the environment it creates for the recovering addict. All of its facilities are comfortable and serene, to make recovery as physically pleasant as possible. Resurgence serves meals prepared by an on-site chef and offers horseback riding, fireside evening meetings, games, and exercise areas. Clients are allowed to smoke outside, can enjoy TV in their rooms, and are allowed cellphones after a two-week stabilization period.

At Resurgence addicted couples can attend treatment together (while living in separate accommodations) and pets are allowed. Resurgence believes recovery is aided when both members of the couple are motivated to find sobriety.

But at every Resurgence facility, the staff is what really makes the difference. These highly experienced professionals are passionate about guiding those who are struggling but determined to make a better life for themselves. In addition, about half are in recovery themselves, which gives them a highly personal and deeply authentic understanding of what their clients are going through and what they need to succeed.

For more information and to speak with an addiction specialist, contact Resurgence Behavioral Health at 855-458-0050 or visit resurgencebehavioralhealth.com.

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For more information about Resurgence Alcohol & Drug Rehab Austin, contact the company here:Resurgence Alcohol & Drug Rehab Austin866-928-179010703 Ranch Rd 12 Wimberley, TX 78676

Resurgence Alcohol & Drug Rehab Austin

Resurgence Alcohol & Drug Rehab Austin is the #1 addiction treatment center for treating addiction holistically. Offering across our network of locations, detox, inpatient & outpatient rehab. Resurgence is here to help you or a loved one beat addiction.

Website: https://resurgencebehavioralhealth.com/texas/austin

Phone: 866-928-1790