



SYDNEY HOLISTIC

Dental Centre

Holistic Dentistry Consultation Available At Sydney Clinic

September 13, 2021

September 13, 2021 - PRESSADVANTAGE -

The NSW based Sydney Holistic Dental Centre is encouraging their community to learn more about holistic dentistry and how such practices can benefit their health. As a specialist in the field, the clinic hopes that this will give their community the information they need to make better choices about their dental health and comfort. As always, the clinic's representatives and staff are standing by to respond to any inquiries on the subject.

The Centre believes that proper oral care can only be approached in tandem with an individual's overall health. Given how interconnected the body is, they consider it vital to understand a patient's full health profile before they develop any plans to correct their dental issues. This has the result of ensuring that any patient with underlying issues can expect their condition to factor into the treatment they receive at the Sydney Holistic Dental Centre. In turn, this produces better results that benefit their oral health as well as their general well-being.

Patients who visit the Sydney Holistic Dental Centre for the first time are given the opportunity to undergo a comprehensive examination process in which their dentist will draw up a full health profile of their individual

needs. As the clinic specialises in oral health, they will begin by uncovering whether the patient experiences any pain in their teeth or gums (along with headaches or pain in their jaw and neck as well as other telltale signs of underlying issues). The clinic will also check how the patient sleeps to determine whether this contributes to their condition. This is combined with a digital scan that can help the clinic locate any hidden dental issues.

The final step of the examination involves the dentist having an open, thorough conversation with their patient. Here, the patient has the freedom to express their concerns in full, describing any pain or discomfort they may be experiencing and whether they feel it is having an impact on their overall health. The dentist may choose to provide guidance at this point that the patient can use to alleviate their symptoms to a degree. However, should the patient need more attention, this is only the first stage of the process. The clinic's holistic dentistry consultation is only intended to set the groundwork for what follows next.

The Sydney Holistic Dental Centre explains that infections in the gums, teeth or jawbone can have a detrimental impact on the patient's general health, so holistic dentistry is necessary to take this into account. It is also a common practice for dentists to use foreign matter (metals, plastics and so on) when treating their patients, such as with implants and fillings. Therefore, it is crucial that the right materials be selected for each purpose, and this selection has to be made with regard to their unique characteristics.

This includes checking whether they are too toxic, strong enough to be as durable as the patient needs and biocompatible with good health. The practice adds that they also consider whether the material in question is aesthetically pleasing ? a bright smile is important to virtually every patient, so a balance needs to be struck between utility and appeal. A beautiful smile can improve a patient's confidence in themselves, thereby contributing to their mental well being. At the Sydney Holistic Dental Centre, every factor gets its due consideration.

This is evident in the feedback the clinic has received from their patients. ?Very caring dental practice,? observes one 5-Star Google review by Katie T. The review adds that the clinic, ?really takes general health into consideration. Patients benefit from their high level of research and cutting-edge technology. I've been seeing Dr. Ron for nearly 20 years, and I strongly recommend the whole team and the treatment they provide.

Those who wish to learn more about the clinic or schedule an appointment for their next holistic dental consultation are welcome to contact Robyn Farley of the Sydney Holistic Dental Centre. The clinic can also be reached through their social media platforms where they regularly share updates on their latest news and offers. Learn more about the clinic's exploration into new types of holistic dentistry here: [Holistic Dentistry](#)

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For more information about Sydney Holistic Dental Centre, contact the company here: Sydney Holistic Dental Centre Robyn Farley (02) 9221 5800 shdc@shdc.com.au 17/111 Elizabeth St, Sydney NSW 2000

Sydney Holistic Dental Centre

Sydney Holistic Dental Centre has been enhancing people's oral and general health since 1983. Our clinic supports our holistic approach, with a calm and relaxing feel, and with state of the art technology to ensure quick and optimal treatments.

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