

## **Jochen Chiropractic & Wellness Center Soon to Offer Mobile Chiropractor Services in Beverly Hills**

*October 01, 2021*

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Jochen Chiropractic and Wellness Center, which offers the services of a chiropractor Beverly Hills residents can depend on, has announced that they will soon be offering mobile chiropractic services in Beverly Hills. Their team of chiropractors are committed to providing a holistic approach to people's health and wellness. The chiropractic adjustments they provide are done by applying pressure to certain key points along the spine, which then restore the normal shape and flexibility of the spine with the result that the functioning of the whole body is improved. They usually suggest chiropractic adjustments to patients who need to recover from an injury by using the body's latent healing capabilities. They also want to stress the advantage of chiropractic adjustments in that these have provided positive results for hundreds of patients who have visited their practice without the use of medication or surgery.

With mobile chiropractic services, patients can get the service in the comfort of their homes. This is important particularly for those patients whose mobility has been negatively affected. Those who find it difficult to travel to the chiropractic office will now be able to benefit from the drug-free and surgery-free treatment that can greatly enhance their mobility and the functioning of their body.

"If you've been experiencing pain, we want to get to the root cause of the problem. It's why we've developed a three-tiered approach toward healing," says Dr. Stephen Jochen, D.C. "Once we've diagnosed what's causing your pain, we apply our three-step method to help ease the pain and ensure that you're on the path to true health and wellness. These are: pain-free treatments; correction and recovery; and prevention and wellness."

Jochen Chiropractic & Wellness Center also offers cupping therapy Beverly Hills residents can use to help enhance circulation in the body through the use of the suction provided by the heated cups. Muscular tension resulting from injury and physical activity may be relieved by the heated cups that are placed on specific meridian lines. This traditional Chinese medicine (TCM) method has been observed to be effective in restoring muscular function and getting rid of stress both before and after a sporting event. It may also be used to treat coughs and colds; arthritis; stress; and headaches, including migraines.

For the pain-free treatments, they will combine a number of treatments, such as chiropractic adjustments to achieve optimal spinal alignment; soft tissue massage therapy; and physical therapy. For correction and recovery, they will provide the patient with the tools to correct the root cause of the pain. Patients will learn how to do a series of exercises that will include spinal mobilization correction. While these are taught at the Beverly Hills clinic, patients will be able to perform the exercises at home in order to: enhance stabilization; strengthen the body; and stretch the muscles for less pain and better flexibility.

And finally, they will provide the patient with a prevention and wellness program. Because daily activities can result into spinal misalignment, the maintenance program that they provide will help the patient return to alignment much more quickly, thus reducing the possibility that the patient will again experience chronic pain. This maintenance program is composed of regular chiropractic adjustments, exercises, and treatment, including physical therapy and/or massage therapy.

Meanwhile, Jochen Chiropractic & Wellness Center can also provide Beverly Hills acupuncture, which is a TCM method for holistically healing the body. Licensed acupuncturist Jainen Shin will insert sterilized needles into the patient's skin at the appropriate depth to realign the energy in the body. Each needle is inserted into a particular meridian point to help treat certain issues, including joint and low back pain, allergies, headaches, sciatica, depression, arthritis, and other illnesses.

Those who would like to learn more about the various services offered by the chiropractors and other professionals at Jochen Chiropractic & Wellness Center can check out their website, or contact them on

the phone or through email. They are open from 8:00 am to 7:00 pm, from Monday to Friday, and from 9:00 am to 1:00 pm on Saturdays.

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For more information about Jochen Chiropractic & Wellness Center, contact the company here: Jochen Chiropractic & Wellness Center Dr. Stephen Jochen, D.C. 310-556-8071 jochenmarketing@gmail.com 9478 West Olympic Blvd. Penthouse Beverly Hills, California 90212

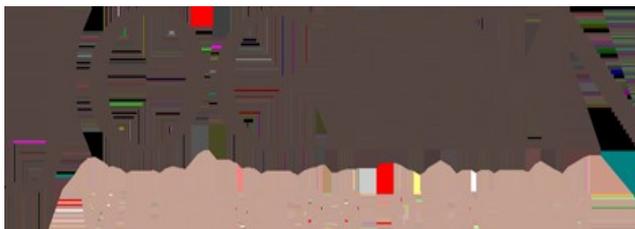
## **Jochen Chiropractic & Wellness Center**

*Located in Beverly Hills, CA, the team of highly trained professionals advocates for a holistic and pain-free lifestyle. From chiropractic care to traditional Chinese medicine, this wellness center offers a variety of services to meet its patients' needs.*

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