Residents of Round Rock, Texas, a Suburb of Austin Have an Excellent Resource for Addiction Treatment at Resurgence Behavioral Health

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Round Rock, TX - As the nation grapples with rising rates of drug and alcohol overdose, public health officials have called for expanded access to medically assisted treatment solutions. Residents of Round Rock, Texas, are finding this option at Resurgence Behavioral Health.

The nationwide network of drug and alcohol addiction treatment centers includes an exceptional facility serving Round Rock, which is near the state capital, Austin. The center offers a comprehensive recovery journey for those who seek lasting sobriety: detox, residential and outpatient therapy, sober living, and long-term follow-up. With a caring, compassionate staff and an innovative therapeutic approach, Resurgence is a safe space where recovery is within reach.

Resurgence Texas is located in Wimberley, in Travis County, where the National Center for Health Statistics reports an overdose rate of 11.6 per 100,000 people for all drugs and 4.8 per 100,000 people for opioids.

Nationwide, overdose rates rose more than 30 percent in 2020, to a record high of more than 93,000, according to the U.S. Centers for Disease Control and Prevention (CDC). Because of these shocking numbers, the CDC has recommended increasing treatment options, especially for opioid addiction.

Opioid addiction is one of the substance use disorders treated at Resurgence Texas. Methods include various forms of behavioral and cognitive therapy, with 12 Step integration and digital options for those who are too far away for in-person outpatient care.

Resurgence Texas takes a holistic approach that treats the whole person. Because each person?s addiction experience is different, their treatment should be too. Treatment also goes beyond the addiction itself, which often is not the core condition but is a symptom of an underlying psychological disorder. For example, many people attempt to ?self-medicate? to relieve depression or anxiety, which may be the result of a physical or emotional condition. Therefore, Resurgence treats addiction as a dual diagnosis; its programs include mental health treatment and trauma-informed care.

This holistic philosophy encompasses everything at Resurgence, including the environment it creates for its clients. Resurgence creates a welcoming environment that?s both physically and emotionally comfortable, with as little stress as possible. Resurgence removes all practical worries, believing that the more comfortable the client is, the more relaxed and open they will be to treatment.

At Resurgence Texas, this belief is carried out in a serene, rustic setting where clients can connect with nature and with each other. Nature has a calming effect that can quiet racing thoughts and feelings of anxiety that are common when an addict has stopped using the addictive substance. Clients at Resurgence Texas have many opportunities to experience nature. Accommodations also provide comfort. The center?s warm décor makes it feel more like a home than a treatment facility.

Resurgence Texas also provides emotional comfort by allowing addicted couples to take part in treatment together (in separate living quarters). Clients may bring pets if they wish. In addition, smoking is allowed outside, and clients have access to cell phones after the first 14 days.

Resurgence Texas clients also find vital support from the staff, who deliver treatment with compassion and concern. They include medical professionals, certified addiction counselors, licensed therapists, and trained addiction specialists. Staff members have a thorough understanding of addiction, often because they are in recovery themselves and can identify with what their clients are going through. They are living proof that recovery is possible.

Resurgence is committed to helping people find long-term sobriety. Anyone searching for addiction treatment for themselves or a loved one may speak with an addiction specialist by calling Resurgence Behavioral

Health at 855-458-0050 or visiting resurgencebehavioralhealth.com.

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For more information about Resurgence Alcohol & Drug Rehab Austin, contact the company here:Resurgence Alcohol & Drug Rehab Austin866-928-179010703 Ranch Rd 12 Wimberley, TX 78676

Resurgence Alcohol & Drug Rehab Austin

Resurgence Alcohol & Drug Rehab Austin is the #1 addiction treatment center for treating addiction holistically. Offering across our network of locations, detox, inpatient & outpatient rehab. Resurgence is here to help you or a loved one beat addiction.

Website: https://resurgencebehavioralhealth.com/texas/austin

Phone: 866-928-1790

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