

# Best ED Treatment Available in Atlanta Through Choice Men's Health

*September 13, 2021*

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Choice Men's Health wants people to know that they are offering erectile dysfunction (ED) treatment in Atlanta, GA., and neighboring areas. They fully comprehend the frustration that usually comes with ED, which is why they are focused on offering the best ED treatment in Atlanta. It is important to note that over 30 million men experience ED in the US and that while it is more common in men who are 40 years old and up, ED is not really a part of aging. And the impact of ED is not just in the bedroom because men with ED feel ashamed of not being able to engage in sex with their partner and would rather not talk about it.

Dr. Katz from Choice Men's Health says, "First and foremost if you think you may be experiencing ED, you should talk to your doctor as erectile dysfunction can be a sign of serious health issues like vascular disease, heart disease, high blood pressure, or blocked blood vessels that prevent blood flow to the penis. Symptoms related to erectile dysfunction include: inability to achieve an erection; the inability to keep an erection; and having a reduced or no sexual desire. If you are experiencing any of these, or have a loss of erectile function, contact our Erectile Dysfunction Treatment Specialist who can help you get back to having an enjoyable sex life."

Older men tend to have a higher risk of experiencing ED because they are also more likely to have other health issues or chronic diseases that can affect nerve functioning and/or blood flow to the penis. Some of these age-related health conditions that can increase the possibility of developing erectile dysfunction are: heart disease, hypertension, diabetes, and anxiety or depression. Cardiovascular disease is usually the result of smoking, poor diet, lack of exercise, and obesity. In men over 50, atherosclerosis, or the hardening of the arteries, may be present. This means the arteries are less able to expand to allow more blood flow to the penis to create an erection.

Meanwhile, in hypertension, there is a higher pressure, which can possibly cause damage to the blood vessel walls. The same thing can also happen in people with diabetes or high blood sugar, impeding blood flow to

the penis. And while ED isn't all in the head, it can be a mental health issue as well. ED may also be a side effect of certain drugs, such as blood pressure medication and antidepressants. Thus, it is important to discuss all the medicines that one is taking when consulting for erectile dysfunction. Other lifestyle factors may also contribute to ED, such as not getting enough exercise, smoking or using tobacco products, having excess weight or obesity, using recreational drugs, and drinking excessively.

Choice Men's Health is committed to offering personalized treatments to men in order to allow them to have a healthy and active sex life. Their office is private, and they are focused on providing the results that their patients want when it comes to treatments for erectile dysfunction. With their clinically proven treatment methods, the clinic's medical staff can readily help enhance men's sexual health that leads to better sexual performance. They offer confidential and personalized treatments plus guaranteed results.

Those who are interested in learning more about the custom ED therapies offered at Choice Men's Health can check out their website or contact them on the phone or through email. They are open from 9:00 am to 6:00 pm, from Monday to Friday.

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For more information about Choice Men's Health, contact the company here: Choice Men's Health Dr. Katz (404) 400-3717 [info@choicemenshealth.com](mailto:info@choicemenshealth.com) 1945 The Exchange SE, Suite 435 Atlanta, GA 30339

## **Choice Men's Health**

*At Choice Men's Health in Atlanta, Georgia, we provide customized treatment plans to help men achieve a healthy and active sex life. With our licensed medical professionals, we provide personalized ED Treatments and PE Treatment.*

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