



# SYDNEY HOLISTIC Dental Centre

## **Cosmetic Dentist in Sydney Explains the Rising Popularity of Cosmetic Dentistry**

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Sydney Holistic Dental Centre, a dental office in Sydney, NSW, Australia, wants to point out that cosmetic dentistry is such an emerging field of dentistry because more and more people are getting interested in improving their smiles. Indeed, this field is rising in popularity with the worldwide cosmetic dentistry market predicted to grow from US\$ 21.9 billion in 2020 to US\$ 30.1 billion in 2025. Some of the factors contributing to this growth are: more disposable income; more people realizing the value of having a beautiful smile; more people keeping their natural teeth; and more people wanting to get the best results.

?With the rising popularity of cosmetic dentistry because of a growing number of people realizing its benefits, when a holistic approach is applied, it becomes really compelling,? says Robyn Farley, Practice Manager at Sydney Holistic Dental Centre. ?While cosmetic dentistry on the surface may seem purely aesthetic, it actually runs much deeper, because improving the way we look can have a profound impact on our lives. Our cosmetic dentistry treatments and procedures can help you to improve the appearance of your teeth, mouth and smile by changing the colour, position, shape, size and alignment of your teeth. However, we will do more than ensure your teeth look better; we will help you to breathe and sleep better, to eat more healthily and to smile with confidence.?

By choosing the services of a cosmetic dentist Sydney patients would be able to not just enhance the way they look but can also experience a substantial improvement to their overall well-being and health. For instance, while patients may be motivated to go for the revolutionary orthodontic treatment offered by Invisalign to correct their overcrowded or misaligned teeth, it can also enhance their health. Overcrowded or misaligned teeth can result into incorrect bites and inability to clean the teeth properly. Straightened teeth are therefore not just for cosmetic reasons but they can allow the patient to breathe better, have better oral health, and to sleep better.

At Sydney Holistic Dental Centre, they also offer the Myobrace treatment, which is a series of mouth aligners to prevent future misalignments in the teeth of children. Myobrace can also serve as a solution for mouth breathing issues in kids. The cosmetic dentist will evaluate how a child breathes and assess the structures of the soft tissues and the tongue to identify potential causes of crooked teeth. The Myobrace may then be used to help in repositioning the tongue and straightening the teeth. This can help children breathe properly through the nose and prevent the root cause of misaligned teeth and children may actually avoid the use of actual braces.

Meanwhile, teeth whitening is one of the most popular treatments in cosmetic dentistry. It is a simple, cost-effective, and safe method of enhancing a person's smile by improving the colour of the teeth. At Sydney Holistic Dental Centre, they will start by evaluating the suitability of teeth whitening for a particular patient by performing a shade assessment and constructing custom-made whitening trays. A patient may choose in-chair whitening or an at-home teeth whitening kit. For the holistic point of view, teeth whitening is not just good for improving a person's smile but it can also boost a person's self-confidence and self-esteem. This is because the teeth are exposed during common daily activities, such as eating, smiling, talking, and laughing.

And for those with missing teeth, dental implants offer a way to significantly improve their smiles while also having the convenience of artificial teeth that look and function like natural teeth. Dental implants are small titanium screws that are placed in the jawbone as a replacement for the root of the missing tooth. A crown is then attached to this screw, which appears and works like a natural tooth. Using a holistic approach, the cosmetic dentist will first determine the suitability of dental implants for a particular patient. This is because the patient may be allergic to the metal used and if the patient has a compromised immune system, the longevity of the implant can be affected. Furthermore, it is vital to ensure that the reason why the original tooth was lost is addressed first.

Those who are interested in finding a cosmetic dentist near me in Sydney can check out the Sydney Holistic

Dental Centre website, or contact them via the telephone or through email.

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For more information about Sydney Holistic Dental Centre, contact the company here: Sydney Holistic Dental Centre Robyn Farley (02) 9221 5800 [shdc@shdc.com.au](mailto:shdc@shdc.com.au) 17/111 Elizabeth St, Sydney NSW 2000

## **Sydney Holistic Dental Centre**

*Sydney Holistic Dental Centre has been enhancing people's oral and general health since 1983. Our clinic supports our holistic approach, with a calm and relaxing feel, and with state of the art technology to ensure quick and optimal treatments.*

Website: <https://www.shdc.com.au/>

Email: [shdc@shdc.com.au](mailto:shdc@shdc.com.au)

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