

Island Nutrition Is Offering Oleuropein Rich Supplements In The Form Of Olive Leaf Extract Capsules

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Island Nutrition, a manufacturer of olive oil and oregano oil extracts, is offering Oleuropein-rich supplements in the form of its flagship product, Real European Olive Leaf Extract.

Mediterranean diets that are rich in plant-based foods, fish, and olive oil, have always been associated with reduced risk of most aging-related diseases including metabolic syndrome and neurodegenerative disorders. A significant portion of the diet's benefits has been attributed to the presence of Oleuropein, a polyphenolic compound that is found in olive oil and leaves of the olive tree. It is also the main polyphenol that gives health benefits (and the bitter taste) to extra virgin olive oil.

The benefits of Oleuropein are studied in great detail in the research paper titled "Oleuropein, unexpected benefits!" (PMID: 28407695) by the authors Wenyan Sun, Bess Frost, and Jiankang Liu. Oleuropein has been shown to provide potent cardiovascular and immune support. It is also known for its blood pressure-lowering effect. When administered via intraperitoneal or intravenous injections, oleuropein significantly reduces systolic and diastolic blood pressure in animal models. Oleuropein and its metabolite, Hydroxytyrosol, have powerful antioxidant activity, which might be responsible for some of the olive oil's antioxidant, anti-inflammatory, and disease-fighting activities.

Island Nutrition's Real European Olive Leaf Extract product has been standardized for both Oleuropein and Hydroxytyrosol Complex. This ultra-premium blend of olive polyphenols comes from select non-GMO Spanish olive trees, grown without fertilizer, pesticide, or irrigation on centuries-old family farms, where some trees date to Roman times. The company employs world-class olive experts to prepare traditional extracts at a facility dedicated to olive production in the middle of the olive country.

The product offers a number of key benefits. The super-strength 500mg per capsule of olive leaf extract is standardized for Oleuropein. Each super-strength capsule contains as many natural polyphenols per capsule as 1/3 liter extra virgin olive oil. It also contains 25mg per capsule of Olive Fruit Extract standardized for other active polyphenols found in extra virgin olive oil. The fruit extract is standardized both for 20% Hydroxytyrosol Complex (meaning Hydroxytyrosol and its derivative polyphenols such as Tyrosol) and 16% pure Hydroxytyrosol. Hydroxytyrosol is a powerful antioxidant polyphenol with skin-beautifying benefits.

The olive extracts from Island Nutrition are made using traditional extraction methods to preserve broad spectrums of synergistic phytochemicals, including many lesser-known olive polyphenols. The manufacturing process uses water and grape-derived alcohol and doesn't use high heat or chemical solvents, preserving the integrity of its most vital components. The company's olive leaf extract blend also manages to offer great value with its price per mg of Oleuropein being similar to ordinary mass-market olive leaf extracts. It is a very clean and pure product. There are no fillers or non-standardized powders. It is 100% vegetarian, safe and all-natural

A spokesperson for the company talks about its manufacturing processes by saying, "We have spent a lot of time tuning and tweaking our processes to create high-quality products that cater to the needs of the most demanding consumers. The olive extracts are 100% grown, harvested, and extracted in Spain, using the correct tree type. Unlike products from competing brands, we do not engage in sourcing products from Alibaba or other Chinese wholesalers. Our products are made wholly from true Mediterranean olive trees (*Olea Europaea*). Almost every other supplement brand on the market uses cheap Chinese olive leaf, often from a completely different plant, *Canarium Album*, that is mislabeled as *Olea Europaea*. Not all olive extracts are the same. Polyphenol composition depends on the type of olive, growing conditions, season, region, harvest time, extraction method, etc. So it matters where you get your olive extracts. Some competitors have also been found to use synthetic polyphenols, which are artificially manufactured chemicals that lack the benefits of natural compounds. When you purchase from us, you are getting the best possible combination of natural ingredients to kickstart your journey towards a healthy and wholesome lifestyle."

Island Nutrition has been making premium supplements since 1995 and specializes in fine olive extracts. The company products are backed by a 365-day, no-hassle, 100% satisfaction, money-back guarantee. Readers can find out more about the company and its products by heading over to <https://www.islandnutrition.com>.

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Island Nutrition

Specializing in premium natural supplements including the world's finest Spanish Olive Extracts & Oregano Extracts, which are 100% grown, harvested and extracted on centuries-old family farms in Andalusia Spain, the premier region for Olives & Olive Oil.

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