

California Woman Thanks Resurgence Behavioral Health for Helping Her Sister Recover From Addiction

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Costa Mesa, CA - Watching her sister find success in recovery was such a relief, a California woman praised Resurgence Behavioral Health with a five-star review on Google.

"My sister went to this program, and in return, I have my sister back, and her kids have their mom back," Jessica R wrote. "She is about to be nine months sober and working in recovery, helping others succeed in having long-term sobriety as well."

Jessica's story shows how pervasive the addiction experience is. It affects so many more people than just the addict; it also hurts their family and friends, who often must watch their loved one struggle without being able to help them. However, when the addict finally starts getting the help they need, it can also be a joyful experience for those who love them.

Jessica's sister found caring, compassionate treatment at Resurgence Behavioral Health. Resurgence offers drug and alcohol addiction recovery programs at centers across the nation, including several treatment centers in California. Each center provides a full continuum of care, from detox to residential and outpatient treatment and continuing through sober living, aftercare, and follow-up for continued long-term sobriety. Therapy is customized for each client and takes a holistic approach, focusing on both the addiction and the underlying emotional or psychological conditions that may be causing it.

Resurgence's holistic approach extends to the environment it designs for clients. Each facility is comfortable and serene, to make recovery as physically comfortable as possible. If physical needs are provided for and the setting is pleasant and welcoming, people can focus more fully on their recovery.

Many of Resurgence's facilities are located in beautiful rustic settings where clients can connect with nature and its calming properties. Meals are prepared by an on-site chef, and residents can play games and use an exercise area to keep body and mind fit and open to recovery. Clients are allowed to smoke outside, can enjoy TV in their rooms, and are allowed cellphones after their first 14 days. They can also bring pets, which

offer exceptional emotional support that humans can't always give.

The Resurgence staff is a vital part of the recovery process. They are passionate about guiding those who are struggling with addiction but determined to make a better life for themselves. In addition, about half are in recovery themselves, which gives them a highly personal and deeply authentic understanding of what their clients are going through and what they need to succeed.

A unique kind of emotional support comes from the couples treatment that Resurgence offers. Partners' shared experiences and their emotional bond can help them support each other through recovery. Couples stay in separate, same-sex accommodations and get treatment together. But even single clients can involve their families in treatment, with family therapy available at Resurgence.

Jessica's sister is grateful for the solution that Resurgence provided for her entire family.

"This company creates living testimonies of renewed minds, healed hearts, and restored bodies," she wrote. "Thank you, Resurgence, for giving my sister back to me!"

If a friend or family member needs help overcoming addiction to drugs or alcohol, call Resurgence anytime, day or night, at 855-458-0050.

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For more information about Resurgence Behavioral Health, contact the company here: Resurgence Behavioral Health David Rofofsky +19498996003 info@resurgencebehavioralhealth.com

Resurgence Behavioral Health

We are the #1 addiction treatment center in Costa Mesa California for alcohol & drug rehab as well as detox. From alcoholism treatment to heroin, meth and cocaine as well as prescription drug addiction, we can help.

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