Revival Products Elucidates on the Use of Soy Products for Hot Flashes

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Revival Products Inc., a company based in Kernersville, NC, has explained how soy products may be used to provide relief for menopausal hot flashes, including night sweats. While menopause is a natural stage of a woman?s life, it comes with various symptoms, such as mood swings, hot flashes, and night sweats that can make a woman?s life physically and emotionally difficult. Studies have indicated the potential use of soy products for hot flashes and other menopausal discomforts.

In one study, it was identified that the isoflavones in soy may reduce several discomforts that are related to menopause. While there are only a few studies that investigated the amounts of isoflavones used, a recent study has shown 70 mg of isoflavones effectively decreased the number of hot flashes while 35 mg had no effect. Overall, several studies on soy and relief of menopausal discomforts have indicated that isoflavones can have a positive impact on hot flashes, particularly in reducing hot flash intensity and frequency.

The results of the two years of product development by Dr. Tabor were soy products that are consistent in their taste and texture in pleasing people?s taste buds. Soy protein was selected as the key ingredient for their products because it contains all nine essential amino acids in the appropriate balance for the specific

needs of the human body. As such, it is a suitable substitute for meats that contain large amounts of saturated fat and cholesterol. In addition, soybean is the only vegetable that contains more protein than carbohydrates. As for Revival Soy, they have also made sure that the soybeans used for the products are non-genetically modified.

Suzanne Tabor, President of Revival Products Inc., says, ?Making the soy products taste good was an important step in their development. I myself had tried various kinds of soy from the local grocery and health food stores and that made me realize that it would be very difficult to consume the necessary amount of soy to achieve the health effects because soy has a gritty texture and chalky taste. That is why my son, Dr. Aaron Tabor, and I spend almost two years in coming up with the the first naturally-concentrated Revival Soy blend with about the same amount of soy isoflavones found in 6 cups of a typical soy milk. When I consumed this soy blend, after a number of days, I suddenly had more energy without feeling hungry and my menopausal discomforts nearly vanished in just 4 weeks.?

A peer-reviewed study that was conducted at The Johns Hopkins Hospital and was published in the Journal of Endocrinological Investigation revealed that Revival Soy may decrease hot flashes naturally. It was found that women experienced significant decreases in night sweats and hot flashes, compared to their initial baseline levels. The typical decrease was almost 40 percent within 12 weeks.

Founded as Revival Soy in 1998, the company had the mission of developing a line of protein bars, snacks, and shakes that would apply the positive health effects of soy while also tasting delicious. Dr. Aaron Tabor patented the process that he developed to isolate the most beneficial component of soy and adding to the various Revival Soy products. He also initiated clinical trials to provide evidence for the products? health benefits. To date, there have been 20 such clinical trials that have been completed or currently ongoing.

In addition to reducing hot flashes and other menopausal discomforts, Revival Soy protein bars and the like have been observed to also possibly help in weight loss because of their high protein content while containing much less amounts of cholesterol and saturated fat compared to animal meat. It has also been noted that Revival Soy can reduce hunger cravings and help a person avoid a rapid increase in blood sugar levels. Thus, when used in combination with a healthy diet and exercise, it may help in achieving weight loss.

Those who would like to know more about the soy products, such as soy protein bars, can check out the Revival Products website, or contact them through the telephone or via email.

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Revival Products Inc.

Revival Soy is a brand of soy food and supplement products that help with many elements in health and fitness including the menopausal transition.

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