



Medical Day Spa Unlocking The Body Is Offering Massage & Float Therapy In Puyallup

October 05, 2021

October 05, 2021 - PRESSADVANTAGE -

Unlocking The Body, a medical day spa in Puyallup, WA, is offering medical massage therapy and floatation therapy services.

A medical massage is a result-oriented treatment that is specifically directed to resolve conditions that have been diagnosed and prescribed by a physician, chiropractor, or naturopath. The medical massage therapist may use a variety of modalities or procedures during treatment but will focus the medical massage treatment only on the areas of the body related to the diagnosis and prescription.

Medical massages release tight and sore muscles which can cause Ischemia (A lack of blood supply to soft tissues, which causes hypersensitivity to the touch and allows for further injury to the tissues). It also helps relieve nerve compression or entrapment since pressure on a nerve by soft tissue, cartilage or bone, can contribute to muscle atrophy, referred pain, paresthesia, and conditions such as pseudo sciatica, piriformis syndrome, pseudo angina, and others. It also deactivates myofascial trigger points, decreases pain and inflammation, alleviates stress, and improves circulation. Massages can also restore suppleness and strength to the patient's muscles, improving their overall function. It's the ideal treatment for releasing tension or

muscles in spasm and helps to release toxins such as lactic acid that are produced by muscle tissue during exercise. Readers looking for a medical massage in Puyallup can find out more about its benefits by heading over to the spa's website.

The spa also offers a robust infrastructure for its patrons to experience floatation therapy. Floatation therapy decreases the body's "fight or flight" response, promotes wellbeing, stimulates meditation with little effort, decreases inflammation and tension in the muscles and the joints, and provides pain relief. Patrons who swear by floatation therapy claim it helps them relieve stress, recover from injuries, fight addiction, eliminate chronic pain, fight anxiety, and much more. Studies into floatation therapy also indicate that floating increases the body's dopamine and endorphin levels, boosting the person's mood and leaving them with a pleasant afterglow that lasts for days afterward. The magnesium sulfate (Epsom salt) used in the floatation solution is good for muscle tension, inflammation, and nervous system regulation.

At Unlocking The Body, clients can enjoy a 60 or 90-minute Float in its 6' x 9' custom, glass-enclosed Float Pool that has 9' ceilings. The spa's Float Pools have about 250 gallons of solution, are approximately 12" deep, and use around 1200 pounds of dissolved Epsom salts to make the client float weightlessly. The unique setup provides ample room in the Float Pool, differentiating Unlocking The Body from other local facilities that generally have a smaller pod enclosure. The Float Pool provides a comfortable alternative to a pod enclosure for clients who can't seem to get a good arm span, leg stretch, feel claustrophobic, or feel that they are breathing recycled air.

Unlocking The Body also offers many bolstering methods, room temperature, water temperature, and other comfort options, free of charge to help a client learn their preferred float environment. Unlocking The Body also provides sound options such as floating with nothing like traditional sensory deprivation sessions, or a personalized experience with the client's own music, or music the spa has pre-selected and tested with success, or even guided meditations and chakra balancing floats.

Wellness visits at the spa cost a base price of \$80 for a one-hour session, a base price of \$120 for 1.5 hours, and a base price of \$160 for 2 hours. Medical massages are generally billed in 15-minute increments using current procedural terminology and adhering to the usual and customary reimbursement fee schedule. There are no monthly contracts required and no auto deductions, giving the customer the freedom to enjoy the facilities on their own schedule.

The spa accepts a range of insurance carriers such as car accidents with personal injury protection, work-related injuries, Amazon insurance, Teamsters Union insurance, First Choice health network, VA community care network, Kaiser options, or Access.

The spa can be reached at the phone number 253-970-8256 for inquiries. It is located at 8112 112th Street Ct. East, Puyallup, WA 98373.

###

For more information about Unlocking The Body Massage Therapy, contact the company here:Unlocking The Body Massage TherapyJennifer Bull(253) 970-8256info@unlockingthebody.com8112 112th St Ct E, Puyallup, WA 98373

Unlocking The Body Massage Therapy

Established in 2008, Unlocking The Body is a Massage Therapy Clinic in Puyallup. We accept Health Insurance, Car Accidents, Work Related Injuries, as well as Private Pay for general wellness or stress relief in our day spa.

Website: <https://www.unlockingthebody.com/>

Email: info@unlockingthebody.com

Phone: (253) 970-8256



Powered by PressAdvantage.com