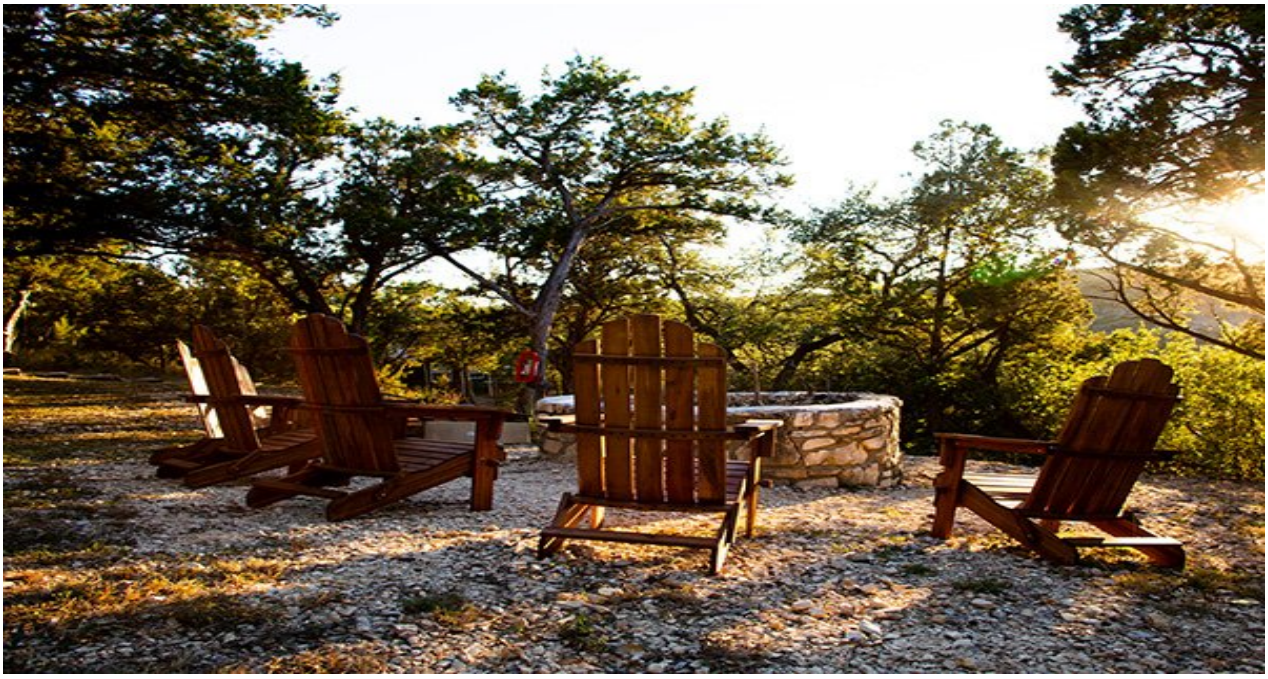


# Residents of Leander, Texas, an Austin Suburb, Have a New Home for Substance Abuse Treatment at Resurgence Behavioral Health

*September 23, 2021*

Wimberley, Texas - September 23, 2021 -
Leander, TX - True sobriety is a long-term effort that requires a supportive environment and a thorough understanding of the dynamics of addiction and recovery. Residents of communities in Texas are finding those essential elements at Resurgence Behavioral Health, a nationwide network of addiction treatment centers.

Resurgence Behavioral Health offers comprehensive treatment of substance use disorders, including alcohol, drugs, and prescription painkillers. It provides the entire continuum of addiction treatment at its facilities in Texas and elsewhere across the country, from medically assisted detox to rehab and long-term follow-up care. Its Texas treatment center serves communities around the state capital, Austin, whose residents share the nationwide struggle with addiction.

More than 93,000 people died of drug overdoses in 2020, according to the U.S. Centers for Disease Control

and Prevention, an increase of almost 30 percent from the previous year. In Travis County, where Resurgence?s Texas facility is located, the overdose rate is 11.6 per 100,000 people for all drugs and 4.8 per 100,000 for opioids, according to the National Center for Health Statistics.

Public health experts disagree on whether the COVID-19 pandemic is responsible for part of the increase. Some argue that the necessary social isolation weakened recovering addicts? support networks and added stress and idleness from unemployment. In contrast, others say isolation was a positive factor because it cut addicts off from destructive friends and situations. In any case, experts have called for expansion of addiction treatment programs, especially for opioids, which account for 70 percent of drug overdose deaths.

Leander residents are already finding effective addiction treatment at Resurgence Texas.

Like Resurgence?s other facilities, the Texas center uses various evidence-based therapies to help addicts on their journey to long-term recovery. The process usually begins with medically assisted detox. Then, it continues to residential and outpatient treatment, where clients learn coping methods to replace using alcohol or drugs in times of stress. Aftercare programs, including sober living homes, provide continued support. Virtual outpatient therapy is also available for those who cannot travel that far.

A cornerstone of Resurgence?s programs is dual-diagnosis treatment, which approaches addiction in context with emotional disorders that may underlie substance abuse. For example, substance abuse may just be a symptom of depression or anxiety resulting from trauma earlier in life. These are known as co-occurring disorders, which must be treated together to make progress toward recovery. Dual-diagnosis treatment is part of Resurgence?s belief in treating the whole person, not just the addict?s outward behavior.

Resurgence offers treatment in homelike settings rather than in sterile, clinical surroundings, making the client as comfortable as possible. With physical worries removed, the client can focus on recovery and the overall experience is a positive one.

For the same reason, Resurgence serves chef-prepared meals and allows co-addicted couples to get treatment together (in separate living quarters). In addition, pets are permitted for the emotional support they can provide, and clients may smoke outside. They also have access to their phones after the first 14 days.

In this peaceful environment, Resurgence?s programs smooth the path to success in recovery.

Perhaps the most vital emotional support comes from the Resurgence staff members themselves. They are highly experienced and passionate about helping others. The treatment team includes medical professionals, certified addiction counselors, licensed therapists, and trained addiction specialists. In addition, many are in recovery themselves, giving them a unique appreciation of addiction and recovery.

Anyone seeking real alcohol or drug rehab in Austin, either for themselves or a loved one, can speak to a treatment specialist at any time by calling Resurgence at 855-458-0050.

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For more information about Resurgence Alcohol & Drug Rehab Austin, contact the company here:Resurgence Alcohol & Drug Rehab Austin866-928-179010703 Ranch Rd 12 Wimberley, TX 78676

**Resurgence Alcohol & Drug Rehab Austin**

*Resurgence Alcohol & Drug Rehab Austin is the #1 addiction treatment center for treating addiction holistically. Offering across our network of locations, detox, inpatient & outpatient rehab. Resurgence is here to help you or a loved one beat addiction.*

Website: https://resurgencebehavioralhealth.com/texas/austin

Phone: 866-928-1790

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