# Advanced Injury Care Clinic in Nashville Emphasizes Chiropractic Care for Whiplash

*September 23, 2021*

NASHVILLE, TN - September 23, 2021 -

Advanced Injury Care Clinic in Nashville, TN, has posted a new blog post about how chiropractic care can help treat whiplash after a car accident. The blog post can be read here: https://www.advancedinjurycareclinic.com/blog/chiropractic-helps-with-whiplash-after-car-accident. The blog post states that it is common for victims to feel fine at the scene of the accident as many injuries do not show up right away due to an adrenaline rush that can create a numbing effect on pain and discomfort during the accident. Nashville whiplash chiropractors at Advanced Injury Care Clinic see many victims that visit them in pain days after an accident when adrenaline levels have returned to normal, resulting in a feeling of soreness, discomfort, and pain. Luckily, chiropractors are well-trained to treat accident injuries, especially whiplash.

Whiplash is the result of a sudden jerk to the neck and head due to the impact of an accident, especially a rear-end collision. The blog post states that whiplash need not be at a high speed; rather, it can occur at speeds as low as 5 to 10 mph. Advanced Injury Care Clinic lists some of the most common symptoms of whiplash as pain in the neck and shoulders that gets worse with movement. The blog post mentions that a victim may suffer from extreme fatigue, headache, pain, and stiffness in the neck, vertigo, limited range of

motion in the neck, blurred vision, and concentration problems. In a previous press release, Advanced Injury Care Clinic in Nashville gives reasons to see a chiropractic doctor after an accident.

The chiropractic clinic in Nashville boasts a team of whiplash treatment experts who emphasize timely treatment to prevent the risk of chronic pain and other conditions. Chiropractors are experienced in spinal manipulations that are focused on eliminating stress and pressure and improving the motion and health of the spine. The blog post explains how spinal manipulation or chiropractic adjustments can help speed up recovery from injuries and related pain. Nashville whiplash chiropractors are also trained in soft tissue therapies that help restore proper muscle function by applying pressure or stretching the tense muscles.

Chiropractors in Nashville are dedicated to patient care and are experts in providing natural pain relief. Their chiropractic treatments bring immediate and lasting relief for victims. Nashville accident doctors also believe in making lifestyle changes to help the patient?s condition and ease whiplash pain. The blog post explains how accident injury treatment focuses on treating the patient as a whole.

https://www.youtube.com/channel/UCN36OBNARJfDK6wYRskLwjA

Advanced Injury Care Clinic is a trusted name in the chiropractic care industry. They have a team of expert Nashville whiplash chiropractors who begin with a physical exam and review medical history for an accurate diagnosis of the patient?s condition before creating a customized treatment plan. They also emphasize prevention and self-care to help the patient?s health stay in peak condition. Any accident victim in the Nashville area should seek chiropractic help. Advanced Injury Care Clinic is available for a free consultation at 615-777-0624.

###

For more information about Advanced Injury Care Clinic, contact the company here:Advanced Injury Care ClinicDr. Dar'Neshia Roberts(615) 777-0624info@advancedinjurycareclinic.com2700 Gallatin Pike D, Nashville, TN 37216

## Advanced Injury Care Clinic

*Our Nashville Chiropractors are the experts when it comes to the physical and financial recovery process after an auto accident has caused a patient to become injured. The people of Tennessee have been trusting our medical team for over a decade.*

Website: https://www.advancedinjurycareclinic.com/

Email: info@advancedinjurycareclinic.com

Phone: (615) 777-0624