



Patients With Chronic Pain Directed To Physical Therapists In Missouri City

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Missouri City, Texas based Impact Care Therapy, a physiotherapy center, is pleased to be offering professional treatment and care to members of their local community who are suffering from chronic injuries and pain. The center offers a wide range of physical therapy programs that serve to address a variety of conditions. Learn more here: <https://www.impactcaretherapy.com/>.

Chronic pain is a surprisingly common issue, and it can be caused by many different factors. In quite a few cases, it may be a symptom of a seemingly unrelated condition which affects bones and joints in a way that can be painful over time. Two other common causes are nerve damage or injuries that have not healed properly. There are certain types of chronic pain which could have numerous causes. For example, a patient may have back pain as a result of poor posture, lifting a heavy object incorrectly, being overweight, injury or even due to congenital issues which causes a curvature of the spine. In some cases, it may even be a combination of several conditions that are present simultaneously.

Such pain can also be a symptom of underlying disease. Some of the more common of these include inflammatory conditions such as rheumatoid arthritis, osteoarthritis and fibromyalgia. In certain situations, persistent chronic pain may be the result of cancer, multiple sclerosis, stomach ulcers, gallbladder disease and so on.

Dr. Emanuel Miano, one of the two owners at Impact Care Therapy, states that, "In most cases, the source of chronic pain can be complicated and difficult to pinpoint. Due to this, the center works towards providing patients with an individualized course of treatment in order to achieve the best results in alleviating their pain." Chronic pain may begin as the result of an injury or illness. However, ongoing pain can develop a psychological factor long after the physical condition has healed. This makes choosing a specific course of treatment difficult and is why the physiotherapists at Impact Care Therapy choose to adopt a range of curative and holistic treatment approaches with their patients after the physical problem has healed. This fact alone makes pinning down a single course of treatment tricky, and it is why health care providers often find they have to try a number of unique curative steps.

Chronic pain can range from mild to severe and may continue for days on end or only affect a person at random times. Chronic pain can feel like a dull ache, throbbing or even a burning sensation. Many sufferers of chronic pain have also described their pain as a shooting or stinging pain, as if a joint or muscle is being squeezed too tight, or in some cases feel sore and stiff. In many cases, the pain will be accompanied by other symptoms, including fatigue, loss of appetite, difficulty sleeping or insomnia and a general feeling of lethargy. Patients may experience mood changes and weakness in the body as well. Many also find that chronic pain can interfere with their daily lives, which often takes a toll on their mental health and can often be a trigger for depression and low self-esteem. It is important to treat chronic pain as soon as possible, and preferably under the care of experienced professionals, such as the physiotherapists at Impact Care Therapy, in order to restore a good quality of life. The center provides information about treatment options on their YouTube channel as well.

Impact Care Therapy is family owned-and-operated by Drs. Emanuel and Denise Miano, who both practice at the center as well. If a patient requires a physical therapist with almost two decades of clinical experience who is certified by the American Board of Physical Therapy Specialties to treat neurological disorders, Impact Care Therapy is the ideal place for them to go. The team's mission is to empower their patients to be able to return to their active lifestyle. They are driven and passionate about helping members of their community with persistent and recurring injuries in order to lead a pain-free life. In the long run, this allows their patients to avoid reliance on pain medication and helps them avoid invasive surgeries (which can be quite costly as well).

To learn more about Impact Care Therapy and the treatment they offer, patients may visit their official website and preferred social media channels. They may also contact the center via phone or email.

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For more information about Impact Care Therapy, contact the company here: Impact Care Therapy Dr. Emanuel Miano 346-341-7300 impact@impactcaretherapy.com 3841 Cartwright Rd, Missouri City, TX 77459, United States

Impact Care Therapy

Nagging and recurring injuries are a major obstacle to people returning to active lifestyles and sport. At Impact Care Therapy, our mission is to help you get back to doing that you love, pain free.

Website: <https://www.impactcaretherapy.com/>

Email: impact@impactcaretherapy.com

Phone: 346-341-7300

