

Residents of Austin Suburb Wells Branch TX Have a New Resource for Substance Abuse and Mental Health Care at Resurgence Behavioral Health

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Wells Branch, TX - Substance abuse is not a disorder that can be healed without investigating whether it is accompanied by other conditions. Residents of Wells Branch can find this all-encompassing approach for both substance use and mental health issues at Resurgence Behavioral Health.

Resurgence is part of a nationwide network that treats clients recovering from addiction to substances including alcohol, drugs, and prescription painkillers. Resurgence also seeks to heal accompanying mental health conditions such as mood, anxiety, psychotic, personality, and eating disorders. Their services include medically assisted detox, residential and outpatient rehab, and aftercare programs such as sober living homes that help clients transition into new lives free of harmful substances.

Resurgence?s Texas facility serves communities in Travis County, located near the state capital, Austin. Public health experts report that Travis County is in a nationwide struggle with addiction. Preliminary reports

by the U.S. Centers for Disease Control and Prevention indicate that in the U.S., more than 93,000 people died of drug overdoses in 2020 ? an increase of almost 30 percent from the previous year. In Travis County, the overdose rate stands at 11.6 per 100,000 people for all drugs and 4.8 per 100,000 for opioids, according to the National Center for Health Statistics.

Experts have debated whether the COVID-19 pandemic is responsible for the overdose increase; some say social isolation and emotional stress have driven recovering addicts into relapse, but others say it also removed opportunities for relapse by eliminating many of the people and places that might trigger a relapse. Nevertheless, Resurgence recognizes that these emotional conditions must be part of treatment because they are integral to the addict?s condition.

This approach to addiction treatment is known as a dual diagnosis. This medical diagnosis indicates a person is simultaneously suffering from co-occurring mental health and substance use disorders. Of course, not every addict also has a mental health problem. But Resurgence believes that when a client does have co-occurring disorders, it?s best to treat both conditions simultaneously. This is because the issues are likely related to one another.

Each addiction case must be evaluated with the possibility that substance use is just a symptom of an underlying emotional problem. One disorder cannot be treated in isolation; both must be approached together. For example, the client may be self-medicating their depression or anxiety with drugs or alcohol; if the addiction is resolved but the emotional problem is not addressed, the client has the risk of relapse to cope with the unresolved emotional issues.

Resurgence clients learn more constructive ways of coping with stress than by turning to chemical substances in treatment. Therapy includes several forms of behavioral therapy as well as 12 Step integration and even virtual therapy for clients who cannot attend outpatient sessions in person.

Resurgence offers treatment in homelike settings rather than sterile, clinical surroundings, making the client as comfortable as possible. With physical worries removed, the client can focus on recovery and the experience is a positive one.

For the same reason, Resurgence serves chef-prepared meals and allows co-addicted couples to get treatment together (in separate living quarters). In addition, pets are permitted for the emotional support they can provide, and clients may smoke outside. They also have access to their phones after the first 14 days.

In this peaceful environment, Resurgence?s programs can smooth the path to success in recovery.

The caring, compassionate Resurgence staff also is a vital part of addiction treatment for residents of Wells

Branch and other communities. They understand addiction and recovery on a personal level, as many are in recovery themselves. All staff, however, are highly experienced and passionate about helping others. The treatment team includes medical professionals, certified addiction counselors, licensed therapists, and trained addiction specialists.

Anyone seeking addiction treatment in a comfortable setting where each client?s individual needs are considered and addressed can call Resurgence at any time at 855-458-0050 or visit www.resurgencebehavioralhealth.com to learn more.

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For more information about Resurgence Alcohol & Drug Rehab Austin, contact the company here:Resurgence Alcohol & Drug Rehab Austin866-928-179010703 Ranch Rd 12 Wimberley, TX 78676

Resurgence Alcohol & Drug Rehab Austin

Resurgence Alcohol & Drug Rehab Austin is the #1 addiction treatment center for treating addiction holistically. Offering across our network of locations, detox, inpatient & outpatient rehab. Resurgence is here to help you or a loved one beat addiction.

Website: https://resurgencebehavioralhealth.com/texas/austin

Phone: 866-928-1790

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