Choice Men's Health Publishes Article On ED Treatment

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Atlanta, Georgia-based Choice Men's Health recently published an article on erectile dysfunction (ED) and whether or not the condition can be cured. Erectile dysfunction affects a large number of men, causing issues that may inhibit their sexual lives and more. The condition tends to be linked to mental health issues and can affect the daily life of those who suffer from it, making it difficult to carry out routine activities. Research has revealed that about a quarter of men with erectile dysfunction suffer from depression, anxiety, or both, and by treating these underlying mental health issues, it may be possible to treat erectile dysfunction. The article can be found here: https://www.choicemenshealth.com/can-erectile-dysfunction-be-cured/.

Erectile dysfunction, which is sometimes referred to as impotence, is the inability to achieve an erection for the purposes of sexual intercourse. While most men may experience trouble achieving an erection every now and then, it is not usually a cause for concern. However, it may require intervention if it becomes a consistent issue.

"Erectile dysfunction can cause stress, affect your self-confidence, and lead to relationship problems," says the article. "This can also cause stress which can cause ED to worsen. Issues sustaining an erection can also signify an underlying health condition like cardiovascular disease that needs treatment. If you're worried about your erectile dysfunction, you need to speak to a doctor. It's nothing to be embarrassed about, and you shouldn't ignore it because it could be a risk factor for heart disease. As far as 'cures' go, sometimes treating an underlying condition is enough to reverse erectile dysfunction. Or medications or other direct treatments might be needed."

Erectile dysfunction becomes more common for men as they get older, with 40% of men at the age of 40 experiencing some difficulty achieving an erection ? and that number nearly doubles by the age of 70. The condition can be reversed at any age, however, with proper treatment. In the simplest cases of erectile dysfunction, the issue might be blood pressure drugs, medications, recreational drugs, cigarettes, or alcohol. Being overweight or obese, stressed or anxious may also cause or exacerbate erectile issues. Weight loss and stress relief techniques can help to reduce the symptoms of erectile dysfunction.

The article says that about a quarter of all cases are the result of medications. "There are some antidepressants, especially SSRIs and SNRIs, drugs for indigestion, antihistamines, and some opioid painkillers that cause ED. Medications for Parkinson's disease, chemotherapies, and prostate cancer treatments can cause ED to a lesser degree. If you have started taking a new medication and experience ED, talk to the doctor who prescribed it to you. They might lower your dose or tell you to stop taking it altogether and switch you to another medication with a lower risk for ED," the article states.

Drugs and obesity are two other conditions that can cause erectile dysfunction, but, like with medications, it is possible to reverse the effects with the help of a men's health professional. Choice Men's Health offers patients an ED specialist who has the knowledge necessary to treat erectile dysfunction and help men lead happier and healthier lives. Erectile dysfunction is very common and can be reversed through professional erectile dysfunction treatment.

A number of men have visited Choice Men's Health seeking treatment for erectile dysfunction. One patient says about his experience, "First and foremost, these guys will make you feel at home. ED is very, very embarrassing; it makes you feel like you are not a man. The treatment I got here was incredible, and the staff was reassuring and very understanding."

Another Choice Men's Health review says, "Good experience overall. I've had ED for over 10 years, and they resolved my issue in one hour! What a great way to start this new year! Office was nice and clean; I didn't have to wait long. So excited to have this part of my life back!"

Read more about Choice Men's Health ED treatment in Atlanta on the men's health clinic's official website. Choice Men's Health may also be contacted for additional information through their online form or over the phone.

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For more information about Choice Men's Health, contact the company here:Choice Men's HealthDr. Katz(404) 400-3717info@choicemenshealth.com1945 The Exchange SE, Suite 435Atlanta, GA 30339

Choice Men's Health

At Choice Men's Health in Atlanta, Georgia, we provide customized treatment plans to help men achieve a healthy and active sex life. With our licensed medical professionals, we provide personalized ED Treatments and PE Treatment.

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