



"I Definitely Chose the Right Recovery": California Man Thanks Resurgence Behavioral Health

October 08, 2021

Costa Mesa, California - October 08, 2021 -

Los Angeles, CA ? There are many drug and alcohol treatment programs to choose from, but not all are alike. Unfortunately, it?s easy to make the wrong choice and enroll in a program that may help others but doesn?t fit your needs.

Anthony, a California man who found success at Resurgence Behavioral Health, was so pleased with his experience that he wrote an enthusiastic five-star review of the center on Google.

?The atmosphere at campus and at all the houses are safe, warm and well kept, and minutes from the beach,? he wrote. ?Definitely chose the right recovery the first time out.?

Resurgence offers leading-edge treatment for substance use disorders involving alcohol, drugs, and prescription painkillers. Resurgence California, located in Costa Mesa, California, provides a full continuum of care, from detox through rehab and aftercare. Services include medically assisted detox, residential and

outpatient rehab, and aftercare programs such as sober living homes that help clients transition into new lives free of harmful substances.

Treatment plans are uniquely designed to fit the needs of each individual client. Addiction specialists use several evidence-based approaches, including cognitive and dialectical behavioral therapy, which effectively treat behavioral conditions, including substance use disorder. Treatment can be offered in conjunction with 12 Step programs.

Resurgence also offers dual-diagnosis treatment, which takes a more holistic approach to substance abuse. In dual diagnosis, also known as co-occurring disorders, addiction is viewed as a sign that the client is coping with a deeper emotional or psychological condition than a simple addiction to drugs or alcohol.

In his review, Anthony praised Resurgence's comfortable environment and supportive staff.

"Being my first time in rehab, didn't know what to expect," he wrote. "From day 1 to day 75, was treated like family, not a client or addict."

Creating a home-like setting is an essential part of Resurgence's approach to addiction treatment. Many of its facilities are located in secluded rural areas, in keeping with Resurgence's belief that being surrounded by the peace and serenity of nature helps open the mind and spirit to healing. Inside the facility, clients find comfortable, homelike décor and living arrangements. The relaxed setting is by design; removing as much external stress and discomfort as possible enables clients to focus more closely on their recovery. Residents can relax in attractively designed living areas, entertain and challenge themselves with games and keep themselves in good physical condition while also blowing off steam in an exercise area. Meals are prepared by onsite chefs. If they wish, clients may smoke outside, enjoy TV in their rooms and get access to their cellphones after their first 14 days of treatment. Couples may undergo treatment together while living in separate, same-sex accommodations.

In his review on Google, Anthony expressed appreciation for the supportive staff, who are an essential part of the treatment programs at Resurgence. "All levels of staff were professional, kind, and attentive," he wrote. "Learned many coping skills never knew existed."

The staff is the heart of treatment at Resurgence; they deliver care in a compassionate and caring manner. Not only are treatment team members professionally trained and experienced, but many are also in recovery themselves and therefore understand their clients as no one else can.

Anyone in need of substance abuse treatment in California for themselves or a loved one may speak to an addiction specialist at any time. To learn more about Resurgence, call 855-458-0050 or visit resurgencebehavioralhealth.com.

###

For more information about Resurgence Behavioral Health, contact the company here: Resurgence Behavioral Health David Rofofsky +19498996003 info@resurgencebehavioralhealth.com

Resurgence Behavioral Health

We are the #1 addiction treatment center in Costa Mesa California for alcohol & drug rehab as well as detox. From alcoholism treatment to heroin, meth and cocaine as well as prescription drug addiction, we can help.

Website: <https://resurgencebehavioralhealth.com/california/costa-mesa/>

Email: info@resurgencebehavioralhealth.com

Phone: +19498996003