

OZ Health Shop Releases KevLar Koffee - A Vegan Bulletproof Coffee Recipe

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Atlanta, GA: OZ Health Shop has released a bulletproof coffee recipe it has formulated free from dairy for people with dairy allergies, vegans, and anyone else that does not consume dairy products.

Taylor Banks, formulator of the KevLar Koffee recipe, says ?After starting on the paleo diet, I discovered a recipe for ?Bulletproof Coffee,? and despite my initial skepticism, it quickly became one of my favorite and most fulfilling morning rituals. Since bulletproof coffee is described in detail many other places on the web, I won?t go into a long description of how and why it can be so good for your energy levels (basically, it?s like a caffeinated brain kickstart latté), and instead I?II skip straight to the point of my post today ? my own recipe for a fantastic vegan bulletproof coffee drink that also makes an amazing vegan iced coffee.?

This vegan bulletproof coffee recipe uses a coconut based oil instead of butter, ground flax seed, and Vitamin D fortified almond milk to replace the fat, omega 3s, and Vitamin D found in the grass fed butter that is used in the original bulletproof coffee. The added fat and omega 3s are meant to give the body an energetic boost

first thing in the morning. The addition of maca is due to its vitamin and mineral content, including vitamins C, E and B, amino acids, zinc, calcium, magnesium, phosphorous and iron.

About OZ Health Shop: OZ Health Shop is a supplier of herbs and supplements in Atlanta, Georgia. OZ specializes in organic bulk herbs and powders as well as herbs and supplements in vegetarian capsules. ###

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OZ Health Shop

OZ Health Shop is an online store that is dedicated to herbs and supplements. We are staffed with people who CARE. If you need help with picking out an herb or supplement, or just simply want to talk to a human.... WE ARE HERE.

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