Study Finds Synthetic Chemicals in Skincare Linked to Early Death, Australian Company Offers Natural Alternatives

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A new study has found that phthalates, a common synthetic chemical found in items such as makeup, perfume, shampoo, and food storage containers, have been linked to between 91,000 to 107,000 premature deaths per year among people, ages 55 to 64, in the United States.

?This study adds to the growing database on the impact of plastics on the human body and bolsters public health and business cases for reducing or eliminating the use of plastics,? lead author Dr. Leonardo Trasande, a professor of pediatrics, environmental medicine and population health at NYU Langone Health in New York City said.

The study points to a decades-old belief that these chemicals can interfere with hormone production, and circulate to influence processes throughout the body. The National Institute of Environmental Health Sciences notes that phthalates have been ?linked with developmental, reproductive, brain, immune, and other problems.?

Phthalates are considered ?everywhere chemicals? since they exist in practically everything. They can be found in the plastic of children?s toys because they allow for these items to become harder to break, as well as soap and shampoos because they make a fragrance last longer. Exposure to these chemicals occur when they are breathed in, or when someone consumes something that has been in contact with the plastic.

Eileen Conneely, senior director of chemical products and technology for the American Chemistry Council, argues that all phthalates were grouped together in the study, which doesn?t take lower toxicity phthalates, like DINP and DIDP, into account.

?Studies such as these fail to consider all phthalates individually and consistently ignore or downplay the existence of science-based, authoritative conclusions regarding the safety of high molecular weight phthalates,? Conneely added.

In order to reduce exposure to phthalates, people are advised to use unscented products, drink or eat from glass, stainless steel, ceramic or wood items, and avoid all plastics labeled as No. 3, No. 6 and No. 7.

Wei, founder of Coast Sydney Botanicals, a luxury vegan skincare company, recommends only using natural products on the skin.

?Products like our natural perfume are 100 percent made from plants and contain no Phthalates. They are powerful and effective because they are nutrient dense and they don?t contain any artificial fragrance, toxins or parabens,? Wei says.

For those interested in Coast Sydney Botanicals range of natural skincare and fragrance products can buy them online at www.coastsydneybotanicals.com

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For more information about Coast Sydney Botanicals, contact the company here:Coast Sydney BotanicalsLuxury Vegan Skincare

Coast Sydney Botanicals

Coast Sydney Botanicals creates sustainably sourced natural skincare for high performance beauty routines with minimal impact on the earth. Our mission is to develop skincare that harness the power of nature with social & environmental conscious intent

Website: https://www.coastsydneybotanicals.com/collections

